

# THE WEEKLY NEWS

FREE Take Me Home

Vol. 17, No. 44

From the Beaches to the River District downtown Fort Myers

NOVEMBER 2, 2018

# Taste Of The Town This Sunday

The 36th Taste of the Town will be held at the Alliance for the Arts on Sunday, November 4 from 11 a.m.

The signature fundraising event of the Junior League of Fort Myers will showcase several local restaurants and their fare. The restaurant lineup this year includes The American Grilled Cheese Kitchen, Blue Moon Pizza, Bistro 41, Bonefish Grill, Dixie Fish Co., Doc Ford's Rum Bar & Grille, Famous Dave's, Kona Ice, Lan Xang, Matanzas on the Bay, Melting Pot, Society, Tree House, Shift Coffee Bar, Tijuana Flats and The Whale.

General admission tickets are \$10 at the gate; children under age 12 are admitted free. VIP tickets are \$60 per ticket or two for \$100. Proceeds benefit the volunteer mission of the 50-plus year-old service and leadership organization for women.

Parking is free and is first come, first served at surrounding businesses. Signs will designate available parking areas. No pets, coolers or weapons allowed.

Event sponsors include Alliance for



Join the crowd in sampling restaurant fare at Taste of the Town

photo provided

the Arts, Seminole Casino, Sanibel Captiva Community Bank (restaurant row), Suncoast Credit Union (kids entertainment), Cape Coral Chrysler Dodge Jeep Ram (hospitality tent), Pavese Law Firm (volunteers), Grease Trap Solutions, Sundial Beach Resort & Spa, Bailey's General Store, NBC 2, The News-Press, HelloSWFL, Suncoast

Beverages, Florida Weekly, Bug the Bugs, Lightning Wireless Solutions, Beasley Media Group, Inc., Yelp, RS Walsh Landscaping, Panther Printing, Cheney Brothers and Costco.

"The Junior League of Fort Myers is so excited about our signature Taste of the Town event," said Shavon Chester, president of the Junior League of Fort



A select food item photo by Allie Wallace

Myers. "After 39 years, we are proud to be providing our community with a fun family day that highlights so many of our amazing community partners. We hope that our friends and neighbors in the Southwest Florida community will come out and celebrate with us."

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information or to reserve your VIP tickets, visit www. jlfmtaste.com.



Works by Jayne Baker

photos provided

# Holiday Sale Features Works By Local Artists

The Alliance for the Arts will host the Arts & Ends Holiday Sale on Saturday, November 10 from 10 a.m. to 6 p.m. Coinciding with the onset of the holiday shopping season, this event encourages purchasers to consider buying local art when shopping for gifts. The art sale will also feature activities throughout



Works by Cicero McCarter

the day, including interactive art projects and artist demonstrations.

Local artists will present and sell handcrafted items in a wide variety of mediums and styles in the Alliance gallery.

Featured artists include Alexandra Jaramillo, Alicia Schmidt, Dana JamJoum, Jayne Baker, Laura Moynahan, Marta Sicajan, MiMi Stirn, Susan Mills, Cicero McCarter, Pamela Volz and Union Artist Studios.

The sale takes place during the Off the Wall Exhibit: 200 Pieces Under \$200. This non-traditional art show features

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Craig Reynolds took top honors in 2017 with *The Green Flash* 

photo by Bob Petcher

# Paint The Beach Awards Show

The 9th annual Paint the Beach competition will culminate with an awards ceremony at the Fort Myers Beach Art Association on Saturday, November 3 at 5 p.m. A reception, art sale and raffle will be held from 5:30 to 8 p.m.

Paint the Beach, an open aire painting competition, with more than \$5,000 in cash and prizes, began November 1 with

an artist check-in and commencement of painting. Adults will paint around the beach until Saturday afternoon. High school students will have their own competition around the gallery that afternoon.

Artwork from this event will be available for sale in the gallery beginning with the reception until Thursday, November 8. For a complete schedule, visit www. fortmyersbeachart.com/paintthebeach.php.

The fall judged show, titled Off the Cloud, at the Fort Myers Beach Art

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# Wild Bill' Ascends The Throne



by Gerri Reaves, PhD

he 1911 "art installation" pictured here was part of a political graveyard, also known as political trash pile or political cemetery.

This peculiar stuffed effigy is Capt. "Wild Bill" William H. Towles, an influential and memorable pioneer with big ideas and an operating style to go with it. He was one of many political candidates spoofed on the downtown riverfront that election season.

The location of this bit of political art was likely on First Street, a bit east of Hendry.

In the historic photo, the riverfront lies just beyond the two buildings. The construction of the first segment of Bay Street is still a decade in the future.

Political graveyards were a way to amicably and creatively end an election season, a practice that began in Fort Myers early in the 20th century and continued at least until the 1960s.

Defeated candidates – and their political aspirations – were symbolically buried, often complete with tombstones. Playful poems, slogans and self-deprecating statements served as post-election analysis.

Despite the fun-loving spirit, political feeling sometimes crept into the cemetery, or place of lost hope, as it was sometimes referred to.

The effigy of Towles is an exception to the tradition, for it depicts a successful candidate, one who was perhaps too successful for some people's taste.

The sign beneath the effigy, "Capt. Bill Towles on the throne, victory at last," might contain just a hint of rancor or sarcasm.

If historical accounts are correct, envisioning the captain on a throne was a natural one.

Towles had what one might call a forceful personality. From the time he arrived in Fort Myers in 1884, the 32-year-old widower with a young daughter was already a successful merchant and cattleman in Bartow.

He soon went into business with James E. Hendry, Sr. in a store at First and Jackson and started making his mark on the town.

When the Florida Legislature created Lee County in 1887, Towles was one of five elected to the first Board of County Commissioners (BOCC), serving as chairman.

Not only that, the county rented the second floor of his store as a meeting place.

It would be 1894 before the first permanent courthouse was built – a modest wood-frame church-like structure at Courthouse Square where the County Courthouse is located today on Main Street.

Between 1892 and 1909, Towles was elected town councilman six times. In 1911, after the town officially became a city, he was elected city councilman and served as the chairman.

He lost no time moving up. By March of 1912, he had announced his candidacy for the BOCC. By 1913, he was chairman of the BOCC.

Oddly enough, it was by going back to his political beginnings - being chairman of the BOCC -- that he came into the full stride of his power and generated one of the most oft-told, fascinating and politically charged incidents in local history.

The issue was whether to build a new county courthouse, and the opposing factions had been waging war over it for a year or so.

Towles led the "new courthouse" faction and, in fact, had been waiting for years to put his plan into action.

The other, perhaps more frugal, faction, which included prominent citizen

Publisher

Lorin Arundel

**Bob Petcher** 

Advertising Sales



Bay Street did not exist in 1911, and the view from sparely built-up First Street is almost disorienting today

photo courtesy SWFL Historical Society



Wild Bill on the throne was likely located approximately where Bayview Court is today. The blue fencing (center distance) marking the construction site for the Luminary Hotel is approximately where the riverfront was in 1911. photo by Gerri Reaves

Harvie E. Heitman, insisted that the 1894 courthouse was still perfectly good. Never mind the lack of bathrooms in the serviceable no-frills structure.

The chairman's patience – and a huge dose of nerve and audacity -- paid off. He got the modern courthouse, but not without drama.

To be brief, in summer 1914, he got the commission's vote to build a new

courthouse, put out a call for bids, and soon had a signed contract.

Despite inventive legal wrangling by the "anti" faction, which included court injunctions, Towles triumphed.

On October 26, 1914, as soon as the members of the "anti" faction got on the train to Arcadia to obtain yet another injunction, he went to work.

First, the BOCC passed a resolution giving the chairman permission to take whatever action he deemed necessary to carry on with the building plans.

He then ordered in a crew to demolish the existing courthouse. The wrecking and disassembling (some materials were used to construct the area's first hospital) continued until 10 p.m., lit by bonfires fueled by debris.

The demolition resumed the next morning, and was quickly completed.

Thus, with no courthouse to protect, the Arcadia judge saw the futility of issuing another injunction. Towles finally achieved his long-sought-after goal.

That "new" neo-classical revivalist-style courthouse opened in December of the following year and cost \$100,000.

Today it is on the National Register of Historic Places.

Wild Bill's sheer political drive and skill at manipulating a complicated and controversial situation illustrates the aptness of placing his effigy "on a throne."

Today, political graveyards seem to be only relics of long-ago elections. Maybe we need to revive that playful post-election tradition in the interest of

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# Sanibel Island



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# Captiva Island

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The Heights Foundation Thanksgiving Outreach will assist more than 300 families

photo provided

# Donations Sought For Thanksgiving Outreach

The Heights Foundation/The Heights Center is seeking organizations and individuals to participate in the Bountiful Blessings Thanksgiving Outreach. Since 1999, the program has provided the ingredients so families in the Harlem Heights neighborhood can make

a traditional Thanksgiving meal in their own homes to share with their families. In 2017, partner agencies, businesses, philanthropic organizations and more than 100 volunteers provided turkeys and groceries to more than 300 families benefitting approximately 1,500 unique individuals.

"Holiday memories often center around a meal, the joy of preparation and being together as a family," said Kathryn Kelly, president and CEO of The Heights Foundation/The Heights Center. "But, purchasing the ingredients for a holiday meal can be a large financial burden for many. Thanks to the generous support of our neighbors, we are able to provide that experience for the families in the Harlem Heights community."

The greatest need is for donated turkeys and rice or monetary donations to purchase those items. Additional food items needed include chickens, stuffing, canned yams, cranberry sauce, boxed potatoes, canned vegetables and canned gravy.

Donations can be dropped off Monday through Friday from 9 a.m. to 4 p.m. until Thursday, November 15. The outreach event will be held on Saturday, November 17. The Heights Center is located at 15570 Hagie Drive in Fort Myers.

Volunteers are needed at 5:30 p.m. on Friday, November 16 to set up and at 9 a.m. on Saturday, November 17 for the outreach event.

Organizations and individuals interested in participating can contact Melissa Barlow at 482-7706 or melissa@heightsfoundation.org. All donations are tax deductible. Monetary donations can be made at www. heightsfoundation.org/donate.\*

# LeeTran Mobility Week Open House

eeTran is planning an open house at the Rosa Parks Transportation Center on Friday, November 2 from 10 a.m. to 2 p.m. All Lee County residents and visitors are invited to attend.

Get to Know LeeTran and Your Community is part of the Florida Department of Transportation's Mobility Week. First launched in 2016 in Central Florida, Mobility Week has expanded into a statewide initiative. Mobility Week promotes awareness of safe multimodal transportation choices and how those choices can build stronger communities, reduce traffic congestion and improve community health.

The free community event will help current and future passengers learn more about public transportation in Lee County. LeeTran staff will assist with trip planning and schedule information, as well as explain upcoming seasonal service changes.

In addition, the public will have the opportunity to learn about services offered by other local businesses and county departments, including Lee County Human Resources; Lee County Human & Veteran Services; Lee County Library System; Lee County Solid Waste; Florida Health, Lee County; LARC, Inc.; and United Way

Participants are encouraged to attend, enjoy free popcorn, enter to win prizes and learn about all the services offered by LeeTran as well as other county departments and organizations.

LeeTran is the public transit provider for Lee County, providing more than 3 million rides per year. LeeTran operates 26 bus routes during season, 23 bus routes during off-season, a paratransit service called Passport, and an employer vanpool program.

Rosa Parks Transportation Center is located at 2250 Widman Way in downtown Fort Myers. To learn more about the Get to Know LeeTran and Your Community event, and about the services offered by LeeTran, or for schedule and fare information, call LEE-TRAN, or visit www.rideleetran.



Open Tuesday through Saturday from 9 a.m. to 4 p.m.



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Fort Myers Art:

# Monument Repair In Time For 20th Anniversary



by Tom Hall

Teteran's Day, 10-year-old Kendra Myers screamed and ducked for cover as musket fire reverberated through Centennial Park before being swallowed by the still waters of the

Caloosahatchee. The reports issued from matchlocks shot by members of RHL DabneyAmerican Legion Post 192, who were attired that morning in the uniform of Union foot soldiers. No, it wasn't part of a Civil War re-enactment. Post 192 was on hand with U.S. Army General Johnny Edward Wilson, U.S. Rep. Alcee Hastings and State Senator Tom Rossin (D-West Palm Beach) to dedicate a monument to companies D & I of the 2nd Regiment of the United States Colored Troops (USCT) that had been installed in Centennial Park by North Fort Myers sculptor Don J. Wilkins at the request of the Fort Myers Beautification Advisory Board.

The monument consists of a heroicsize Union sergeant who stands atop a landing in front of an opening between two gently curving concrete walls. The fictional African-American soldier in the



Monument conservation repair for a solider representing the 2nd Regiment of the United States Colored Troops will be completed by Veteran's Day photo courtesy www.artswfl.com

monument represents the 168 men from companies D & I who were stationed in Fort Myers during the last 18 months of the Civil War. That contingent was responsible for repelling an attack on February 20, 1865 initiated by Major William Footman and 275 members of the Florida Special Cavalry, 1st Battalion, popularly known as the "Cow Cavalry." Footman and the Cow Cavalry had orders to burn Fort Myers to the ground. Had they succeeded, it's likely that the settlers who arrived a year later would have gone elsewhere to build their homes. So in a very real sense, the town of Fort Myers owes its existence to the men of companies D & I of the USCT 2nd Regiment.

The monument has needed some repairs and maintenance since 2014. Some of the coping on one of the walls was knocked off by falling limbs during Hurricane Irma. Because of storm damage, the city manager had to find additional funding in order to initiate the work, which finally started on October 1. Conservators from Miami-based Rosa Lowinger & Associates (RLA) started by cleaning all three pieces with conservation-grade detergent, then began stripping off the paint, one layer at a time, to expose the underlying metallic resin composite that Wilkins mixed to cast these sculptures.

Next, they injected a special epoxy into cracks and fissures to stabilize the composite, bind the medium together and seal the inside from rainwater, humidity

and corrosion-causing deposits of minerals and salt.

RLA was back in town last week and sprayed the Civil War soldier (nicknamed Clayton) with a top coat of bronze-colored marine-grade metallic paint that is specially formulated to seal and protect the cast from heat, humidity, ultraviolet radiation and salt and mineral deposits. Local contractor Chris-Tel Construction pressure washed, repaired and repainted the non-art components of the installation. RLA then painted the walls behind Clayton with a fresh coat of paint, returning the installation to its original condition in time for the 20th anniversary of its dedication on November 11, 1998.

of its dedication on November 11, 1998. It's fitting that the soldier is being returned to his original state in time for Veteran's Day. The eight-foot-tall statue has the distinction of being the first Civil War statue in the South to pay tribute to African-American Union soldiers. And while Clayton does pay homage to all of the 179,000 black men (10 percent of the Union Army) who served as soldiers in the U.S. Army, with another 19,000 serving in the Navy, the contribution of the 168 black troops garrisoned in Fort Myers in 1865 is particularly meaningful.

Interestingly, not only was slave labor used to build the old fort between 1852 and 1855, it was a force of 40 black railroad workers who saved the town from destruction by conflagration during the Great Fire of 1903.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four

# The Fort Myers Symphonic ASTERSINGERS PRESENTS: SHALL WE DANCE Sunday, November 11, 2018 3:00pm Sanibel Community Church Featuring the Mastersingers Chamber Chorus and the M&N Dance Studio Dancers www.mastersingersfm.com or call 239-560-9512 FOR FULL SEASON SCHEDULE LAT. Foundation SEASON SPONSOR 2018-2019 THE SANIBEL CAPTIVA SEASON SPONSOR 2018-2019 TRUST COMPANY TR

# Celebrate Cayo Costa At Park

elebrate Cayo Costa! will be held at Cayo Costa Island State Park on Saturday, November 3 from 9:30 a.m. to 2:30 p.m. The event is hosted by Friends of Cayo Costa State Park.

Celebrate Cayo Costa! includes affordable all-inclusive tickets featuring round trip boat transportation from four departure points, all activities and a barbeque lunch catered by Bubba's Roadhouse.

Tickets are \$40 for adults and \$30 for children under the age of 12. Friends of Cayo Costa members receive a \$10 discount per adult ticket. The all-inclusive price includes transportation to and from the island, all activities, catered lunch and a free pass to visit another FL State park. The event will take place rain or shine.

"This is a great opportunity to visit the park by boat and enjoy the unique qualities this pristine barrier island has to offer. We thank our charter boat sponsors for providing transportation so that visitors, many of whom have never had a chance to come out to the island, can learn more about the park's fascinating history and walk the sandy beaches and trails," said Elaine McLaughlin, Friends of Cayo Costa State Park chairperson.

The day will feature tours of the island, including a walk to the pioneer family cemetery, and nature and shelling beach

walks. The Randell Research Center will have Calusa artifacts on display and live animal demonstrations will be provided by CROW. Park staff will be presenting information about the island state park. Families can try their hand at palm weaving and a variety of shell crafts. Fort Myers Beach songwriter Sheena Brook will be performing during lunch. Activities will be held at the State Park landing area off Pelican Bay and beachside near the pavilions and beachside campground area.

pavilions and beachside campground area. Captiva Cruises, Tropic Star Cruises and Kingfisher Fleet tour boat services are offering roundtrip transportation included with admission on a limited, first come, first serve basis. Attendees are encouraged to reserve early.

For reservations, call 283-0015 for departures from Bokeelia, 472-5300 for departures from Boca Grande, 472-5300 for departures from Captiva and 639-0969 for departures from Punta Gorda.

Private boating parties are encouraged to attend and may purchase tickets on the island. Dock space is limited and available on a first come, first serve basis.

Sponsors for the event include Captiva Cruises, King Fisher Fleet and Tropic Star Cruises. Volunteers are from CROW, Randell Research Center, Lee County's Conservation 2020 and Calusa Blueway, Barrier Island Park Society, Bailey-Matthews National Shell Museum and Friends of Cayo Costa.

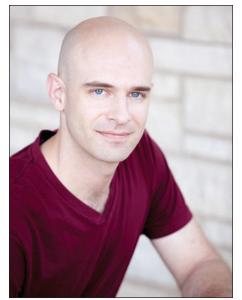
# Mastersingers Names Winner Of Competition

he Fort Myers Symphonic Mastersingers have become known for their fine concert renditions of choral masterworks, their collaborations with other area art organizations, and their community outreach programs. The group's latest community initiative is The Sanibel Captiva Trust Company Prize in Choral Composition. Composers were invited to submit choral works between six and 12 minutes in length for performance by the Mastersingers. More than 200 entries were received from composers across the country. The winning selection, Before You Kissed Me, was written by Dr. Zack Stanton, a composer and conductor from Conway, Arkansas.

Now a professor at the University of Iowa, Dr. Stanton set the music for this piece to a Sara Teasdale poem. "It had been a while since I had written for choir and I wanted to try some new things," Stanton said. "Since I had already set several sacred texts, I looked for a secular poem. I needed to find a text that I could live with for a while. In Sara Teasdale, I found a poem that had great depth but at the same time was also direct and simple."

Dr. Stanton dedicated the work to his wife, Molly.

The winning composition was selected by Mastersingers' Artistic Director Jeff Faux. "Although there were many fine entries, I was struck by Zack's careful treatment of the text and excellent vocal writing," said Faux. "We will present the work at our April concerts along with the Faure Requiem. It will make an excellent addition to that program."



Dr. Zack Stanton

photo provided

The competition grew out of the Mastersingers tradition of seeking out new compositions, and promoting the music destined to become the masterworks of the future. Among the pieces premiered by the group in recent seasons are Robert Patterson's *Walt's America*, Thomas LaVoy's *When I Grow Old* and Jason Bahr's epic *Symphony No. 2*.

The competition was made possible by the sponsorship of The Sanibel Captiva Trust Company and its Executive Vice President Steven V. Greenstein, who said, "We are proud to support the work of the Mastersingers. They are a significant cultural force in our community."

For information on to how to hear the Southwest Florida premiere performances of *Before You Kissed Me* and all other Mastersingers concerts this season, visit www.mastersingersfm.com.

# Turkeys Needed For Full Plates Project

ommunity Cooperative is calling upon Southwest Florida individuals, businesses and community groups to help collect the more than 2,000 turkeys needed to fulfill the need for this year's Full Plates Project, which provides prepared Thanksgiving meals for those who cannot cook and Thanksgiving Dinner kits for those who have the ability to cook but are unable to afford the additional cost of a holiday meal. Community Cooperative relies on monetary donations and in-kind turkey and non-perishable food donations to ensure that no plate is empty this Thanksgiving.

"It is a big undertaking to secure over 2,000 turkeys, prepare hot Thanksgiving meals for over 1,000 people, and package and distribute Thanksgiving Dinner Kits for another 1,500 families." said Tracey Galloway, CEO of Community Cooperative. "We are relying on our most generous community to come together through donations and volunteerism to make this year's Full Plates Project a success."

Community Cooperative's Full Plate Project was created in knowing there are more than 120,000 people at risk of being hungry every day in Lee County.

It's important to make sure that no one is alone and hungry during the holidays. Businesses and individuals interested in being a part of the Full Plates Project can donate turkeys and family-sized, traditional Thanksgiving sides or the funds to help support the purchase of such items.

Food donations can be dropped off to the main office located at 3429 Dr. Martin Luther King Jr. Boulevard no later than Friday, November 16. Monetary donations can be made online and checks can be mailed to Community Cooperative, P.O. Box 2143, Fort Myers, FL 33902. For more information, email thanksgiving@communitycooperative.com.

# Church To Host Holiday Bazaar

The First Congregational Church will hold its 7th annual Bazaar on Saturday, November 17 from 9 a.m. to 2 p.m.

The event is held both inside and out with a large variety of vendors selling arts, crafts, collectibles, holiday items, homemade candies and baked goods. There will also be a mega raffle with prizes. Lunch will be available to purchase.

The First Congregational Church is located at 312 Santa Barbara Boulevard in Cape Coral. For more information or to become a vendor, call 218-1447.



# Along The River

hop for Success, Dress for Success SW Florida's eagerly awaited annual signature shopping event, will be held at Crowne Plaza Fort Myers this Friday, November 2 from 5 to 9 p.m. Shoppers are invited to purchase mostly new or gently used clothing and accessories collected from retailers, sponsors and the community. VIP tickets are \$50 each and general admission is free after 5 p.m.

One hundred percent of the proceeds will benefit Dress for Success SW Florida. Sponsors and VIPs will enjoy early shopping, tasty bites and champagne. A cash bar will also be

Crowne Plaza Fort Myers is located in Bell Tower Shops at 13051 Bell Tower in Fort Myers. To purchase tickets, call 689-4992 or visit www. shopforsuccess2018.eventbrite.com.

Arts for ACT Gallery will host an **opening reception** and meet-theartists session during Art Walk this Friday, November 2 from 6 to 10 p.m. Bill Kramer will feature mixed media abstracts in the Main Gallery. Artwork by Lesley Morrow and Dharma LeFevre will hang in the White Gallery. New works by gallery co-op artists will also be shown.

Arts for ACT is a nonprofit gallery owned and operated by Abuse Counseling and Treatment, Inc., which provides shelter and support services for victims of domestic violence, sexual assault and human trafficking.



The Kimberlys will perform during Rock for Equality

photo by Jesi Cason Photography

A percentage of proceeds go to ACT shelters.

Arts for ACT is located at 2265 First Street in downtown Fort Myers. For more information, visit www. artsforactgallery.com.

The opening night celebration of Art Rocks will be held at Sidney & Berne Davis Art Center during Art Walk this Friday, November 2 from 6 to 10 p.m. Experience the art of music in this

eclectic collection of inspiring local art.

The juried exhibition, which will feature music, musicians or music events as the subject matter for consideration, will benefit arts programming for SBDAC and Love Your Rebellion, which will choose two winners.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, call 333-1933 or visit www.sbdac.com.

The November art opening in Sidney & Berne Davis Art Center's Grand Atrium features the **jazzy** photography of Ken Franckling during Art Walk this Friday, November 2 beginning at 6 p.m.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.sbdac.com or call 333-1933.

The 2nd annual Rock for Equality fundraiser will feature bands, food trucks and vendors at Point Ybel **Brewing Company and Beach Records** this Friday, November 2

beginning at 8 p.m. It will benefit Coalition of Immokalee Workers and Love Your Rebellion.

To learn more about Love Your Rebellion, visit www.loveyourrebellion.

Cooking for the Arts: An Evening in Barcelona returns to the Sidney & Berne Davis Art Center this Saturday, November 3. Cocktail hour begins at 6 p.m., while dinner starts at 7 p.m.

Cost is \$250 per couple or \$1,000

per table of eight people.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, call 333-1933 or visit www.sbdac.com.

Bikers for Babies, one of the largest fundraisers for the March of Dimes, features a convoy of motorcycle riders with a police escorted ride with live music, celebrations and activities this Sunday, November 4.

The ride will begin in **Naples** at North Collier Regional Park, 15000 Livingston Road, and end at Seminole Casino Hotel, 506 South First Street in Immokalee.

To register or for more information, visit www.bikersforbabies.org/swflorida.

The Sanibel Blues and Jazz Festival will return to the backyard at Bailey's Center this Sunday,

November 4 from noon to 7 p.m.
The lineup features FGCU Jazz Ensemble, Johnny Jensen, JP Soars, Marty Stokes Band and Kenny Neal. At 6:30 p.m., there will be a Closing Band Jam.

Ticket donations, \$40 for general admission and \$125 for VIP admission, can be purchased at www.eventbrite. com or at the festival entrance. VIP admissions include reserved seating, VIP ticket holder reserved parking, a festival T-shirt, meet the bands opportuniy, free raw bar, Champagne bar, food and beverages.

General admission participants are reminded to bring their own chairs. Fine food and a range of beverages, including beer and wine, will be available for purchase. No food or beverages may be brought into the grounds by attendees.

For more information, visit www. sanibelbluesandjazzfest.org.☆

**2018** BEST OF THE ISLANDS VOTED BEST GULF FRONT DINING Join us Thursday, November 22 for an innovative Thanksgiving Buffet and live entertainment overlooking the Gulf at Sundial Beach Resort & Spa. SEATINGS AT 1PM, 3PM, 5PM, 7PM ADULTS \$55 · CHILDREN 3-12 \$27 · CHILDREN 3 & UNDER FREE Plus tax and gratuity To view the full menu, visit sundialresort.com/holidaydining. For reservations, call 239.989.1160

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From page 2

## Historic Downtown

civility, if not entertaining distraction. It would certainly be a novel form of downtown's Art Walk.

Walk to the spot on First Street where early citizens enjoyed the good-humored post-election tradition of the political graveyard.

Then find out more about the town's contentious political controversies at the following two research centers.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor

Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety. org for more information.

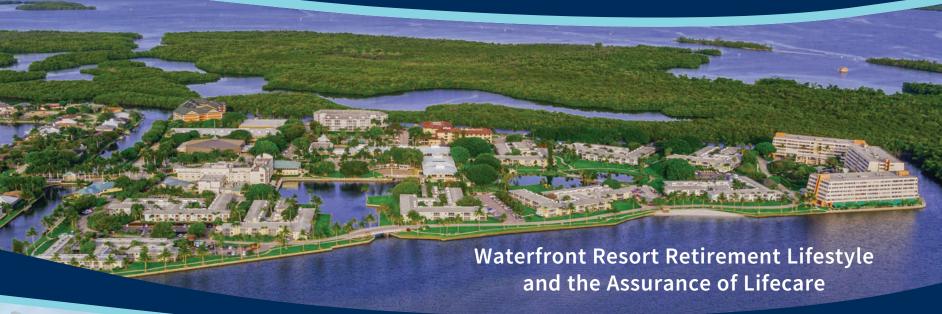
The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente

Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For information, call 332-8778 or visit www.leecountyblackhistorysociety.

Sources: Archives of the Southwest Florida Historical Society, Fort Myers Press, and The Story of Fort Myers by Karl H. Grismer.☆











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The cast of Noli Timere (Don't Be Afraid), the 2016 New Play Contest winner by Jared Michael Delaney, from left, Thomas Marsh, Dena Galyean, Ken Johnson and Bill Taylor

# Winner For New Play Contest Chosen Saturday

he winner of the 20th annual New Play Contest Fundraiser at the Theatre Conspiracy at the Alliance for the Arts will be voted on by the audience and announced at the event on Saturday, November 3.

The evening begins at 7 p.m. with a reception including food and drink. At 8 p.m., selections from the three finalists will be read by a cast of Alliance for the Arts actors. After the conclusion of the final reading, the audience will vote for which show they think should be the winner.

The three finalists, which were recently

selected from over 600 entries from around the world, include Flying by Sheila Cowley, Engagement Rules by Rich Orloff and America's Sexiest Couple by Ken Levine. The winning script will be given a full production in the Alliance's 2019-20 season and receive the Janet & Bruce Bunch New Play Contest Award.

"Our New Play Contest is a daunting task each year, but, the payoff is worthy of the effort," said artistic producing director Bill Taylor.

Tickets are \$50 and include the reception and readings. Tickets can be purchased at www.artinlee.org/ newplaycontest-2018 or by calling 939-2787.

Flying - Susan flew military planes in World War II so men could go and fight. Now she's been sent home to get back to normal, while the town waits for her local hero husband to come home. Flying looks at life propelled by stories, as the town tells glory tales of Bob, while Susan tries to put away her memories of flying.

Cowley is from St. Petersburg, Florida. Engagement Rules – A four-character comedy with bite, Engagement Rules follows the intertwined lives of two couples who advise and support each other on challenges of love, sex and the soul. The younger couple (early 30s) is recently engaged, and the older (in their 70s) has been married over 50 years.

Both couples face problems caused by sex, complicated by spiritual differences, forcing everyone to face seemingly irreconcilable differences and answer questions that none of them can answer easily. Engagement Rules is a play

that strives to avoid old arguments as it explores, with compassion and humor, the challenge of love and commitment.

Orloff is from New York, New York. America's Sexiest Couple - Two actors, who were America's Sexiest Couple on a popular '80s sitcom, reunite for the first time in 30 years. They face a lifetime of unresolved issues, longings, resentments and regrets. Plus, the network wants to reboot the show. Career and personal aspirations collide. Professionally and personally, where do they go from here?

Levine is from Los Angeles, California. The Alliance for the Arts is located at 10091 McGregor Blvd. Fort Myers FL 33919. For more information, visit www. artinlee.org.☆

# Cape Coral Road To Be Closed Six Days

orbett Road in Cape Coral will be closed to through traffic north of Diplomat Parkway to just south of Littleton Road from about 5 a.m. Thursday, November 15, until Tuesday, November 20 for roadway improvements performed by a contractor for the Lee County Department of Transportation.

Local residents will have access from Littleton Road. Access to the Lee County VA Healthcare Center and Army Reserve Training Center will be maintained from Diplomat Parkway. Other motorists are encouraged to see alternate routes. Signs

and message boards will be in place to notify motorists.

Although the closure is not slated to happen until November 15, work on the roadway is scheduled to begin Monday, November 5. There will be periodic single-lane closures with flag operators controlling traffic from about 7 a.m. to about 7 p.m. Single-lane closures will continue after Corbett Lane reopens to through traffic until all work is complete by the end of the year.

The completed improvements will result in Corbett Lane having two 11-foot-wide lanes with two-foot paved shoulders. The closure will permit the work to be expedited and minimize the impact to motorists.

For more information, visit www. leegov.com/dot.☆

# Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.

**ALL SAINTS BYZANTINE RITE CATHOLIC** 

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

**ANNUNCIATION GREEK ORTHODOX** Sunday 9 and 10 a.m. 8210 Cypress Lake

Drive, annunciation.fl.goarch.org, 481-2099. **BAT YAM-TEMPLE OF THE ISLANDS** Friday Shabbat at 7 p.m. 2050 Periwinkle

Way. www.batyam.org 579-0296.
BETH SHILOH MESSIANIC SYNAGOGUE Friday 8 p.m., Saturday 11 a.m. 15675

McGregor Boulevard, 437-3171. **BIBLESHARE** 

10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimple worship.com, 437-8835

**BREAD OF LIFE MINISTRIES** Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.
CHAPEL OF CYPRESS COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalthouse@aol.com, 850-3943.

CHURCH OF THE CROSS Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

**CONGREGATIONAL** Sunday 10:30 a.m. 1619 Llewellyn Drive,

taecc.com, 334-4978.

COVENANT PRESBYTERIAN Sunday 10 a.m. 2439 McGregor Boulevard,

334-8937. **CYPRESS LAKE BAPTIST** 

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake

Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN Sunday 8, 9, 10 and 11 a.m. 8260 Cypress

Lake Drive, www.clpc.us, 481-3233.

CYPRESS LAKE UNITED METHODIST Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m.,Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638. FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030. FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.

FIRST CHURCH OF THE NAZARENE Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511. FIRST UNITED METHODIST CHURCH Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.

FORT MYERS CHRISTIAN Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway,

IONA-HOPE EPISCOPAL CONGREGATION Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778 JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143. KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343. LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambofgodchurch.net, 267-3525. **NEW BEGINNINGS CENTER** 

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.

**NEW COVENANT EYES** 

Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.

**NEW HOPE BAPTIST** 

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

**NEW HOPE PRESBYTERIAN** 

Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www. 17671 Pine Ridge Road, peacecommunitychurch.com, 267-7400.

PEACE LUTHERAN

Sunday 8 and 10 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@ peaceftmyers.com. 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143

RIVER OF LIFE ASSEMBLY OF GOD 8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER Meditation classes. MeditationInFortMyers. org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE

#### **METROPOLITAN**

Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

**SOUTHWEST BAPTIST** 

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336. TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. a.iii., Religious Scribol Wednesday 5.30 p.ii and Sunday 9:30 a.m.16225 Winkler Road, templebethel.com, 433-0018. TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. tjswfl. org.14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com. 481-5535. UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, uucfm. org, 561-2700.

**UNITY OF FORT MYERS** 

Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.

WESTMINSTER PRESBYTERIAN

**CHURCH** 

Sunday 9:30 and 10:45 a.m. 9065 Ligon Court. 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.☼

#### CROW Case Of The Week:

# Opossum Babies



by Bob Petcher

he Virginia opossum (Didelphis virginiana) is not limited to the Cavalier State. It can be spotted in much of the United States east of the Rocky Mountains, but also found on the West

Coast as well as Mexico, Central America and parts of western Canada.

The Virginia opossum is the continent's only marsupial, an animal sporting a pouch, like a kangaroo or a koala. It has a triangular head and a long pointed snout with grayish fur all over except for its ears, tail and feet. In fact, while a possum doesn't hibernate in winter, it often takes shelter during extremely cooler weather due to its risk of getting frostbite on those furless body parts.

No need to worry about these frisky mammals, though. They are survivors, since the species has been around for at least 70 million years, making them one of the Earth's oldest creatures. Their resiliency is due to their protective behavior of running, growling, urinating and even defecating when approached by a predator. If that doesn't work, they'll "play possum" by rolling over, stiffening up, slowing up their breathing and surrendering to a catatonic state to deceive

However, the lifespan of an opossum is unusually short for a mammal of its size. Ordinarily, it lives for only one to two years in the wild and as long as four or more years in captivity.

Female possums have the potential to have three litters of babies per year, ranging from seven to 25 babies per litter.

At CROW, the Virginia opossum is one of the more common babies seen at the clinic. Often times, their mothers are victims of being struck by a vehicle or other life-ending trauma. Without a mother to care for them, the babies are raised at CROW to have a shot at growing up and being released in the wild. With sometimes as many as 50 or more infant possums at the clinic, staff and students are kept busy with around-the-clock care.

"The youngest opossum babies require feedings every two to three hours, which typically works out to six feeds per day," said Dr. Robin Bast, CROW's staff veterinarian. "In some cases, this means their earliest feeding is at 6 a.m. and the last feeding as late as 11 p.m. As they grow and start to eat semi-solid foods on their own, we decrease the number of feedings they get per day.

Due to the large amount of infant possums at the clinic, there is a designated room to care from them. It is dedicated in the memory of a longtime CROW volunteer and supporter, according to Dr.

"We have a room that is almost exclusively used for raising baby opossums and houses neonate and juvenile opossums. In 2018, it has housed over 230 patients so far," she said. "The room was dedicated in Ann Arnoff's memory



Virginia opossum infants rest during a stay at CROW

photo by Brian Bohlman

this fall, and state-of-the-art incubators were installed for the tiniest babies thanks to donations by the Spohr Charitable Trust.

Unlike other wild mammal babies, opossums cannot be nipple-fed due to their many sharp teeth and must be tube-fed until they are old enough to be transitioned to solid food. Once the opossums are eating a solid diet of various foods and have reached a certain size, they are moved to an outside enclosure until they are big enough to be released.

Young opossums start to transition from formula onto solid food between four and seven weeks of age, when their eyes are open and their fur thickens," added

Dr. Bast. "The baby opossums typically stay indoors until approximately 12 weeks of age and weighing about 150 grams. Then, they spend a few weeks in outdoor enclosures until they are ready for release at around 15 weeks old and weighing

around 300 grams."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www. crowclinic.org.☆



# Beach Fishing Frenzy



by Capt. Matt Mitchell

he first cold front of fall blew threw over the weekend, bringing northwest winds and dropping temperatures. This much-awaited, endto-our-summer heat and humidity will

kick the southbound annual bait migration into even higher gear. The amount of life both out on the beaches and through the sound will only continue to improve with the passing of these next cold fronts. This change of season is the transition time for both our migratory species along with our resident species to pack on weight for winter. The next few months or until the water temperature drops below the low 70s brings some of the most wide open fishing of the year.

The action was nuts out along the beaches this week. Tarpon, sharks, mackerel and many other species worked tightly packed bait schools, often feeding right on the surface. Seeing rolling tarpon all around the boat that ate almost whatever you pitched at them was amazing. Feeding frenzies of sharks splashed around right on the surface. This is what our fall fishing is all about. Locating these fish frenzies out on the Gulfside during calm or east winds is just a matter of running until you find feeding

birds. Afterwards, you can often stay with these fish for hours and then return to the same general area for the next several days. Most of this action was within a few hundred yards of the beach. The best bite for me came while free-lining large shiners through the activity to jump tarpon and catch sharks. Ladyfish, mullet and even plugs and jigs also caught these

Once you locate the action, move into the area slowly. You don't want to motor right into the activity. Not only will you spook the fish, you will mess it up for anyone else. There are plenty of fish out here, so keep a good distance from the other boats and everyone will get a shot at them. There is nothing worse than having another boat just out for a ride run right through the fish and put them down.

Tthe snook bite continues to go off back in the bay. In the past few weeks, I don't remember catching so many slot-sized snook. The tide pattern this week has been low water, so I have been setting up in deeper mangrove holes and shorelines. Chumming a few live shiners quickly lets you know if you are in the right place. The bigger mangrove snapper we caught all summer long seem to be about done as they are getting tougher to catch by the day. On windy days, I've been taking a few shrimp that have caught redfish, sheepshead and even a few black drum.

As the winds lay back down after this cold front, I cannot wait to get back out on the beaches and enjoy some of the best tarpon fishing of the year. Some years these fish stay as late as Christmas. It just depends on when it gets cold and



Chuck Johns from Missouri with a 30-inch snook caught and released with Capt. Matt photo provided Mitchell this week

they migrate out. Get out and enjoy the frenzy while they are still here.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives

in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.\$

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#### Plant Smart

# Elderberry

by Gerri Reaves

Iderberry (Sambucus nigra subsp. canadensis) is native not only to Florida but to most of the U.S. A member of the honevsuckle family.

it is also called American black elderberry, southern elder, common elder, sweet elder, gulf elder and Florida elder.

Typically, it's found in the wild in moist freshwater areas such as marshes, along ponds or canal banks, and in low hammocks or cypress swamps.

Its numerous attributes recommend it for the South Florida landscape: wildlife friendliness, low maintenance, ornamental beauty and use as a food source.

This fast-growing, multi-branched shrub or small tree reaches a height of 10 to 15 feet with an equal width. The bark is rough.

The opposite leaves are glossy and pinnate (once-divided) and about six inches long. Occasionally, it is bipinnate.

Five to 11 sharp-pointed toothed leaflets (opposite pairs plus a terminal one) each measure one to three inches long, giving the tree a lacy look.

The tree is evergreen in South Florida, but deciduous in more northern regions.

Flowers and fruit appear much of the year. The showy white flower clusters attract butterflies and a variety of pollinators. The tiny five-petaled fragrant flowers can be used to make tea or surprise - champagne. They can even be dipped in batter and deep-fried or added to pancake batter.



Profuse clusters of berries are consumed by birds and other wildlife. People use them to make wine, jelly and other foods.

photos by Gerri Reaves

Elderflower water is used in making perfumes and sweets.

The tree bears profuse clusters of berries of an eighth- to a quarter-inch in diameter. Small, glossy, and purple-black, the fruit attracts birds and other wildlife. However, the tree's foliage is toxic to

People consume the fruit in many ways. Everyone has heard of elderberry wine, but did you know that the berries can be eaten raw or used to make pies, jam, syrup, or

The down side is the fruit's bad taste when raw, which drying or cooking helps

Native Americans used various parts of the plant as a food source and as



Glossy fruit and lacy foliage give elderberry ornamental value

medicine.

Elderberry prefers full sun to partial shade, adapts to a variety of conditions, including nutrient-poor soil, and is pestand disease-resistant. The species is not salt tolerant.

Because it is thicket-forming – to the point of being called weedy - it works as a screen, wind break, or barrier. Optional maintenance is periodic cutting back or the removal of suckers to prevent spreading.

If you grow the elderberry for the berries, be sure to plant at least two different cultivars for cross-pollination.

Propagate it with seeds, cuttings, or suckers.

The hollow stems can be used to make flutes and peashooters.

Sources: Florida, My Eden by Frederic

B. Stresau; Florida Plants for Wildlife by Craig N. Huegel; Florida's Incredible Wild Edibles by Richard J. Deuerling and Peggy S. Lantz; A Gardener's Guide to Florida's Native Plants by Rufino Osorio; National Audubon Society Field Guide to Florida by Peter Alden et al.; Native Florida Plants by Robert G. Haehle and Joan Brookwell; The Shrubs and Woody Vines of Florida by Gil Nelson; Trees of Everglades National Park and the Florida Keys by George B. Stevenson; Wild Plants for Survival in South Florida by Julia F. Morton; www.edis.ifas.ufl.edu, www.floridata.com; www.fnps.org, and www.regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.\$

From page 1

# Holiday Sale

works of all mediums priced at \$200 or less. All sales are cash and carry, meaning purchasers will get to take the piece with them when they buy it, rather than waiting until the end of the exhibit, which runs through December 29. Guests can also shop works from over 75 local and regional artists in the gift shop.

We hope that this event and exhibit inspires shoppers to consider buying from local artists this season," said Krista Johnson, exhibitions coordinator at the Alliance for the Arts. "Purchasing local art is a gift that gives back to a thriving

creative economy."

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.artinlee.org.

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# Refuge To Kick Off 75th Celebration

In 1945, in fear for the wildlife and wetlands that claimed most of Sanibel Island, Jay Norwood "Ding" Darling succeeded in petitioning for the creation of the Sanibel National Wildlife Refuge.

"He became aware of the proposal by the state of Florida to sell over 2,000 acres of state-owned lands to developers here on Sanibel," said Paul Tritaik, refuge manager of today's JN "Ding" Darling National Wildlife Refuge, renamed after the death of its creator. "And he convinced the governor, Spessard Holland at that time, to postpone the sales and eventually convinced the state to create a state wildlife sanctuary. And following that he was able to eventually convince the Truman administration to establish this area as a national wildlife

As the refuge approaches its 75th anniversary in 2020, staff and the "Ding" Darling Willie Society-Friends of the Refuge (DDWS) are gearing up to celebrate now through the milestone year. Last week, they released the official 75th anniversary logo, featuring whimsical wildlife art by artist Lynne Egensteiner and the slogan "A Legacy of Protecting Wildlife."

"Seventy-five years, that's huge!" said Supervisory Refuge Ranger Toni Westland. "And we plan on celebrating



image provided

it big time, starting now and continuing through December 2020, the official  $\,$ anniversary date.

The occasion's commemoration begins with a limited-edition glass sea star ornament etched by island artisan Luc Century for 2019. He has been crafting refuge-themed glass ornaments for DDWS since 2002. In past years, he created 250 ornaments etched with his signature, the year and the name of the refuge. This year, for the 75th kickoff, he will create only 75 sea star ornaments, each also etched with edition numbers from 1/75 to 75/75.

The 2019 ornament first will be available in the Refuge Nature Store during its Happy Hour Holiday Shopping event from 5 to 7 p.m. on Tuesday, November 27 for \$60 each. For shoppers who pre-order and pre-pay

prior to November 27, the price rolls back to \$45.

Other highlights of the upcoming anniversary season will be a Clyde Butcher photography exhibition starting the end of 2019; an exhibit beginning January 2019 to celebrate the 100th anniversary of the Woodring Home, now part of the refuge; special offers at Tarpon Bay Explorers, the refuge's recreation concession; one-of-a-kind 75th logo and "Ding" cartoon items in the Refuge Nature Store; and other unique celebratory events and programs throughout the years.

Darling twice won Pulitzer Prizes for his often-controversial political cartoons in the Des Moines Register from 1900 to 1949. Many focused on conservation issues far ahead of their time. Darling also served as the first head of the U.S. Biological Survey, the precursor to the U.S. Fish & Wildlife Service. While serving, he created the Federal Duck Stamp program to fund new refuge lands, and drew the first duck stamp himself.

'Jay Darling would surely be proud of how far the refuge has come since its inception," said Tritaik. "We have added acreage to the complex, built a Visitor & Education Center with the help of our friends group, educated hundreds of millions, and, most importantly, given wildlife a safe haven.

"Darling once said, 'I'm learning one thing the hard way... you have to re-educate the public mind about every 15 or 20 years or it forgets everything learned a while back," said Birgie Miller, DDWS executive director. "Although we've made impressive strides in the past 75 years, we must understand – as this summer's water crisis reaffirmed - that our work to educate, protect and preserve is never finished."

For more information about "Ding" Darling's 75th celebration as it becomes available, visit www.ding75.org.\$

# Morning Walk At County Beach

n Saturday, November 10, experience the beautiful birds of Bunche Beach with a bird patrol guide at 7:30 a.m.

Provided in cooperation with Lee County Parks and Recreation, the beachfront walk is free with paid parking of \$2 per hour (tour is approximately two hours). Participants meet on the beach located in South Fort Myers, off Summerlin Road. Drive south of John Morris Road until it dead ends.

Bunche Beach is excellent for both migrant and resident waders and shorebirds working the mudflats at low tide due to the diversity of microinvertebrates. Participants may also see waterfowl, raptors and warblers.

Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature.

For more information, call 707-3015 or visit www.birdpatrol.org.☆

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# Art Auction For Alzheimer's Center

In recognition of National Alzheimer's Awareness Month, the Alvin A. Dubin Alzheimer's Resource Center will present an art auction featuring paintings by individuals experiencing the various stages of Alzheimer's disease or other memory impairment.

The 22nd annual Brushstrokes from the Soul reception will be held at FineMark National Bank & Trust on Wednesday, November 7 from 5:30 to 7:30 p.m. The public is invited to attend the event to view and bid on the artwork. There is no charge to attend; however, an RSVP to 437-3007

Individuals who receive services from local assisted living facilities, skilled nursing centers and day-stay respite programs created the artwork that will be available for purchase via silent auction at the event. All artwork has been professionally matted and framed courtesy of 50% Off Framing. Proceeds benefit the Alvin A. Dubin Alzheimer's Resource Center.

The Cottage at Cypress Cove, an award-wining Memory Care Assisted Living Facility dedicated to caring for those suffering from Alzheimer's and other forms of dementia, is the Grand Sponsor for Brushstrokes from the Soul.

FineMark National Bank & Trust is located at 12681 Creekside Lane in Fort Myers. For more information about the art show or services offered by the Dubin Alzheimer's Resource Center, call 437-3007.⇔

# Operation Vet Sail November 11

outhwest Florida Yachts is participating in the American Sailing Association's (ASA) Operation Vet Sail, a discount program to thank veterans and active military for their service.

"We are very pleased to be part of Operation Vet Sail," said Barb Hansen, co-owner of Southwest Florida Yachts. "Our country's veterans and active military have sacrificed so much defending and protecting our daily freedom. This is a way for us to show our appreciation and introduce these courageous men and women to a unique experience at sea that

can be shared with friends and family in a stress-free environment.'

As an Operation Vet Sail program participant, Southwest Florida Yachts is offering the ASA Basic Keelboat Sailing Course at a \$50 reduction from the course rate of \$595 through November 11, 2019. The program also includes the opportunity for veterans and active military to download the ASA's sailing application, Sailing Challenge, for free. The app teaches sailing skills in a 3D virtual world. Visit www.asa.com/sailing-challenge-app to learn more.

Southwest Florida Yachts is located at 6095 Silver King Boulevard in Cape Coral. For more information, visit www. swfyachts.com, email info@swfyachts.com or call 257-2788 or 800-262-7939.

# Marketing Firm Adds Digital Coordinator

Tiara Panio has been hired as digital marketing coordinator at Pushing The Envelope, Inc.

In her role, Panio is responsible for assisting in the development and execution of social media campaigns, email and SMS campaigns, including daily management of accounts, content development, audience engagement, advertising, monitoring and analysis of social media trends and SEO/SEM

Panio comes with years of experience in marketing coordination, social media management and graphic design. Most recently, she was the marketing coordinator at Prima Luce. She holds a bachelor of arts degree in communication, public relations,



Kiara Panioo

photo provided

advertising and applied communication from Florida Gulf Coast University.

# Lawyer Hired For Workers Compensation

ttorney Russell S. Whittle has joined the law firm of Henderson, Franklin, Starnes & Holt, PA as a shareholder in the worker's compensation

Whittle has been representing the interests of insurers and employers in the defense of workers' compensation and liability matters in Florida for nearly 30 years. His varied experience also includes serving as senior staff counsel for a Medicare compliance company, general counsel for an insurance company focusing on the professional employer organization market, and as a title insurance company attorney.

In 2012, Whittle was designated as a certified Medicare set aside consultant. He has lectured throughout the United States on Medicare set aside issues, Medicare secondary payer legislation and compliance, discovery, ethics, liability and workers' compensation law.

Whittle received his undergraduate



**Russell Whittle** 

photo provided

degree from Skidmore College in 1986 and his law degree from the University of Miami School of Law in 1989

For more information on Whittle or Henderson Franklin, visit www.henlaw. com.₩

# Airport Breaks Record For Month And Fiscal Year

uring September, 418,256 passengers traveled through Southwest Florida International Airport in Fort Myers, an increase of 27.7 percent compared to September 2017. Year-to-date, passenger traffic is up 6.3 percent from the same period last year. In addition, Southwest Florida International Airport reported 9,256,500 passengers for the fiscal year ending September 30, 2018, breaking all records in the 35-year history of the airport.

The traffic leader in September was Delta Air Lines with 93,483 passengers

traveling to and from Fort Myers. Rounding out the top five airlines were American (72,983); Southwest (66,667); JetBlue (60,934); and United (39,986).

Southwest Florida International Airport had 4,043 aircraft operations, a decrease of 4.9 percent compared to September 2017. Page Field saw 7,952 operations, a 45.5 percent increase from September 2017. In addition, slightly more than 2.3 million pounds of air freight moved through Southwest Florida International Airport in September 2018.

Southwest Florida International Airport served more than 8.8 million passengers in 2017 and is one of the top 50 U.S. airports for passenger traffic. No ad valorem (property) taxes are used for airport operation or construction.

For more information, visit www. flylcpa.com or on Facebook at www. facebook.com/flyRSW.☆

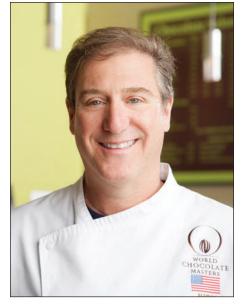
# Pastry Chef Joins Board At **Humane Society**

orman Love, who is considered one of the world's top pastry chefs and chocolatiers, has joined the Gulf Coast Humane Society (GCHS) Board of Directors. Not only does he bring one of the most reputable names in the community and in the culinary world, but he also brings a business acumen which will greatly benefit the shelter, said GCHS executive director Jennifer

"We are thrilled to bring Norman Love on board," Galloway said. "He instantly brings strong credibility and a great reputation, which is invaluable to a non-profit organization like GCHS.

Love and his wife, Mary, also bring an affection for animals, which propelled him into the position on the GCHS Board of Directors. The Love duo adopted their beloved furry friend, Sid, from GCHS.

"From the moment we stepped into Gulf Coast Humane Society and adopted Sid, our lives changed forever, for the better," said Norman Love, president and owner of Norman Love Confections. "Not only did I gain a best friend in Sid, but the experience gave me exposure to the depth of services offered at GCHS as well as the great needs that exist within the organization. I'm honored to become



Norman Love

photo provided

an active board member, to lend my expertise and to share my love for pet adoption with others.

GCHS is having a banner year in adoptions, with more than 1,900 to date. The shelter's biggest fundraiser also has been announced in the Celebrity Chef Festival, held at Six Bends Harley Davidson, 9501 Thunder Road in Fort Myers, on Thursday, January 17 from 5:30 to 9 p.m. The festival will feature eight to 10 of Fort Myers' area best chefs. There also will be live and silent auctions, live music and adoptable pets will also be on hand.☆



Will Power

## Behind The Scenes



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

eeting with an attorney can sometimes be intimidating. I'd like to think that I'm not the least bit intimidating, as I don't usually even wear a tie to my office. Nevertheless, it occurred to me that many clients are anxious before our first meeting. Psychologists tell me that if a client knows what to expect, then that helps alleviate the anxiety.

Consequently, I thought I'd take all of you behind the scenes to what the attorneys in my firm do prior to an initial meeting with an estate planning client. There's actually a significant amount of preparation involved, and I hope that once you understand

of preparation involved, and I hope that once you understand that process, the insight will help you gain an advantage in exactly what might be

accomplished during an estate planning meeting.

In our firm, we have three requirements prior to the initial meeting. The first requirement is to either attend one of our workshops, watch a 25-minute instructional video about the first meeting, or read my book, *The Florida Residency & Estate Planning Guide*. The second requirement is to complete our client organizer, and the third requirement is to drop off or email us a copy of any existing estate planning documents that you've already put into place.

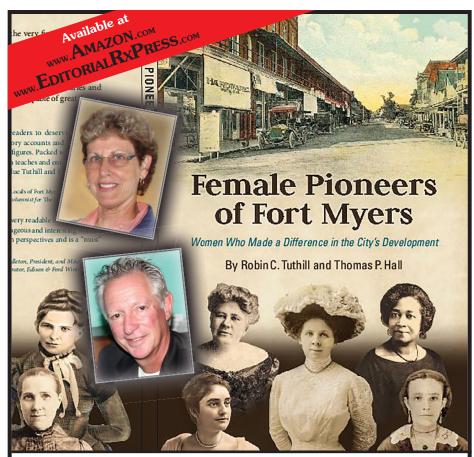
The reason for these requirements is that we want our first meeting to be as productive as possible. Our workshops, video and book are designed to raise issues that we want you to consider before sitting down with us. There's more to an estate plan than who gets what when we die. Our workshop, video and book delve into the other important elements to a successful plan.

Believe it or not, at our first meeting, we will likely dive deeper into what you hope

that your estate plan accomplishes.

Our client organizer is designed to provide us insight into who you are, who your beneficiaries are, and what's transpired in the past that might affect your planning. Our organizer contains a balance sheet for you to complete. That balance sheet is extremely important, not because it reveals your net worth, rather, it tells us whether your assets have unrealized capital gains, ordinary income tax consequences, estate or gift tax issues, family business or real estate considerations, and a host of other matters that we should discuss to put together a plan that will meet your goals, both during your life and after.

Finally, it's important for us to review your current plan documents, including your will, trust, durable power of attorney, health care surrogate and living will. Before our meeting, our attorneys review your client organizer and compare it to your legal



"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of Legendary Locals of Fort Myers and Fort Myers, Then & Now

documents. We sometimes find that your assets aren't properly aligned with your estate plan. If, for example, you have a revocable trust, but all of your assets are titled in your name individually, we note that your assets may not be aligned with your plan. Similarly, we like to review your IRA and 401(k) beneficiary designations to ensure that you've taken the necessary precautions to protect your loved ones and minimize income taxes.

If we notice an out-of-date estate tax formula clause, that will be something that we'll raise during our initial meeting. Some clients own family businesses, so if that's disclosed on your organizer but we don't find corresponding closely held business interest or Qualified Subchapter S Corporation provisions in your documents, we know there's something else that's important to review with you.

We gain so much when we take the time to review your situation before we even sit down together with you in our conference room. That's why we ask that you complete the three requirements at least three business days prior to our meeting. That way, our attorneys will have the opportunity to review what you have provided to us prior to the conference. When we sit down, we're ready to help you in the best way possible.

Do all other firms operate in a similar manner? I can't speak for the others, but I'm sure that some do, while others don't.

We've had this process in place for almost two decades. When I was a younger lawyer, I used to spend more than an hour during the initial conference gathering the information we now ask you to provide before the meeting. I discovered that was a colossal waste of time both on our part and on the client's part. It's so much better to review the information before the conference so that everyone can hit the ground running, spending our valuable time together on what really matters.

After all, who wants to spend more time than they have to in an attorney's office!? ©2018 Craig R. Hersch. Learn more at www.sbshlaw.com.☆

# FSW Theatre Program Premier November 8

Florida SouthWestern State College's (FSW) Theatre program presents Wellesley Girl in the FSW Black Box Theatre on Thursday, November 8, opening at 8 p.m.

It's the year 2465, and in many ways, the America of the future is quite different from today. It is possible to marry a robot; the country consists of just three walled-in New England towns; and the population is so small everyone is a member of Congress. In other ways, things seem alarmingly similar to today. When an invading army from Texas shows up outside their gate, the town's citizens must swallow their fear and decide what to do. Author Brendan Pelsue gives us a quirky, American future that is funny, dark and alarmingly prescient.

"This is a new play written in 2016 and premiered at the Humana Festival at Actor's Theatre of Louisville," said Stuart Brown, FSW professor of theatre. "The play is funny and smart, but ultimately, dark. It is also quite relevant to Florida today."

The play, which contains adult language and themes, will run from November 8 to 10 and 15 to 17. Tickets are \$10 and are

available at www.brownpapertickets.com/ event/3796013. Performances begin at 8 p.m. with additional matinees at 2 p.m. on Saturdays. The FSW Black Box Theatre is located

The FSW Black Box Theatre is located within Building L-119 at 8099 College Parkway in Fort Myers.☆

From page 1

#### Paint The Beach

Association will be on view in Studio 1 from Monday, November 12 through Thursday, December 6.

National award-winning artist Kathy Durdin will judge the show. She will provide a demonstration at the gallery on Sunday, November 11 at 4 p.m. Cost is \$10

On Monday, November 12, there will be a solo show featuring works by member artist Penny Fox in Studio 2. On Sunday, November 18 beginning at 1 p.m., there will be a gallery talk, followed by a reception and awards ceremony sponsored by Red Coconut.

For more information, email publicity chair Pam Flaherty at fmbaapublicity@gmail.com or stop by the Fort Myers Beach Arts Association gallery, located at 3030 Shell Mound Boulevard on Fort Myers Beach.

The gallery, open Monday through Saturday from 10 a.m. to 3 p.m, is free to the public. Visit the website for updates at www.fortmyersbeachart.com.



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#### **Book Review**

# Lullaby Road



by Di Saggau

uthor James Anderson is coming to Sanibel. He will do a book signing for Lullaby Road at MacIntosh Books on Thursday, November 8 at 4 p.m. The book is a powerful literary

crime novel about parenthood, loss and the desert in winter.

Ben Jones is a local truck driver. He is still heartbroken over the murder of the woman he loved, and now spends his days traversing icy roads and serving as the region's sole lifeline to the outside world. He delivers supplies to locals who live off Route 117, a remote road through the Utah desert trafficked only by those looking to escape their past.

The oddball characters in this unconventional mystery are unlike any others. Everyone seems to have a haunting past. Ben wonders what lies in John's past. "I'd often mused on what compelled a man to move to a dying town in the high desert of Utah and take up hauling a cross up and down an isolated highway six months a year." And John is just one of the many colorful characters you'll meet. In spite of their oddities, they are believable.

Ben is melancholy most of the time, but that turns to a desperation when he suddenly finds a mute Hispanic child who has been abandoned at a seedy truck stop along his route. The child has a note that reads "Please, Ben. Bad trouble. My son. Take him today. His name is Juan." And then at the bottom of the note it says "Trust you only. Tell no one." From that moment on nothing will ever be the same. Ben, despite deep misgivings, and without any inkling of the grave danger he's facing, takes the child with him in his truck and sets out

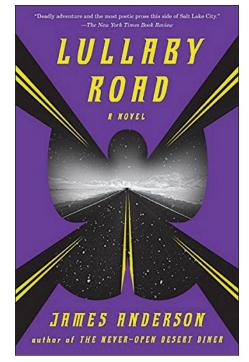


image provided

into an environment that is as deadly as it is beautiful.

The Huffington Post writes, "The world of the desert and of Ben Jones' life come alive through the skilled artistry of Anderson's talent. His description of the scenery is mindblowing, and his creation of characters is even better. You have never read someone who writes like Anderson. He has a unique way of expressing himself in his pages. An artisan of the highest ranking in developing a plot that fascinates readers.

I devoured the book in one day enjoying the story and his poetic prose. Amid the heart-pounding plot, there are unexpected twists. And yet with his amazing use of language, Anderson makes you laugh at times. He is a sympathetic narrator in talking about the realities of being both good and bad. Lullaby Road is a mix of landscape, character, wit, intrigue and suspense and is definitely worth your time.☼

**General Strengths:** 

Is able to work or play independently Is interested in doing well

Understands and sets goals Wants to/is eager to learn new

things

Asks for help when needed Works well/gets along well in groups or one-to one

Is able to organize items and thoughts

Admits disappointments/mistakes and can move on

Has passions and hobbies Can plan ahead Makes good choices

Is curious and creative Problem-solves well

**Social Strengths:** 

Shares, takes turns and negotiates Seeks out social interactions

Asks for help and comfort when

Is comforting and offers help when needed, likes to help others

Accepts personal responsibility for

actions (good and bad)

Has a good sense of humor Doesn't follow the crowd (resists peer pressure)

Follows rules and routines well Accepts redirection well

Is able to make friends and keep

Is truthful and honest

Has positive relationships with adults Shows empathy and sensitivity to

Reacts appropriately when frustrated (such as not hitting)

#### Language Strengths:

Is able to express needs, wants and ideas verbally

Uses inflection and expression when speaking

Understands jokes, puns and riddles Can talk about events in the correct and logical order

Understands the give-and-take of conversation

Uses grammar appropriate to his age Has and uses a growing vocabulary Is interested in listening to stories, music and other activities

Participates in discussions at home, at school and with friends

Answers who, what, when, where questions in conversation (or about a

story)
Uses inflection and expression when speaking

#### **Literacy Strengths:**

Enjoys reading

Can match letters to sounds and sounds to letters

Can sound out unfamiliar words Recognizes sight words Can follow written directions

Recalls and retells stories and facts after reading

Can make predictions based on what's happened so far in the story

Can pause when reading and return to that sentence after being interrupted Reads accurately and with expression

Figures out what new words mean by looking at the context or asking questions

Has creative and imaginative ideas; likes to tell stories

Makes connections between reading material and personal experiences

#### Math Strengths:

Sees and understands patterns in nature and in numbers

Remembers math facts and can perform mental math

Thinks logically

Understands math concepts and can apply them to the real world

Uses and understands math vocabulary

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all auestions submitted can be addressed through this publication.☆

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School Smart by Shelley M.

Greggs, NCSP

Readers, often, as a parent, it is too easy to focus on what our children cannot do, how they fall short or what they are doing wrong.

Here is a list of general and academic strengths that children display. Of course, no one child will display all of these but many children will display many of them. Take time to identify those you see in your children and communicate your praise for the strengths you see them demonstrate. Your praise will increase your child's confidence and support them as they work to utilize their strengths.



This loggerhead was found on July 24 by SCCF Shorebird Biologist Audrey Albrecht. Between July and September, 192 dead sea turtles washed up on Sanibel and Captiva photo provided

# Water Crisis Presentation November 15

earn about the 2018 Water Crisis from those who were on the front dines. Presented by the Sanibel-Captiva Conservation Foundation (SCCF), the Evenings at the Homestead presentation will be held at the Bailey Homestead Preserve on Thursday, November 15 at 7 p.m. Tickets are \$10. Doors open at 6:30 and refreshments will be available then.

Speakers will be addressing the red tide in the Gulf, the freshwater toxic blue-green algae in the Caloosahatchee and the devastating effects on marine life and our

coastal economy. You will learn about what happened from a scientific, policy and business perspective, the formation and recovery of a dead zone offshore in the Gulf, and steps we can all take to prevent and minimize future disturbances to regional water quality.

There will be presentations and a panel discussion with: Rae Ann Wessel, SCCF natural resource policy director; Dr. Eric Milbrandt, SCCF marine lab director; James Evans, director of natural resources - City of Sanibel; Dr. Rick Bartleson, SCCF research scientist; and Kelly Sloan, SCCF Sea Turtle Program coordinator.

For tickets, visit www.sccf.org, click on Resources, then Calendar and follow November 15 link to Eventbrite.

Bailey Homestead Preserve is located at 1300 Periwinkle Way on Sanibel. Call  **Financial Focus** 

# When Should You See A Financial Professional?



by Jennifer Basey

t can be challenging to achieve your financial objectives. Fortunately, you don't have to go it alone – but when should you seek help?

Here are some of the key life

events in which you might be able to benefit from the services of a financial professional:

First professional job - Eventually, you will land that first job, which will offer benefits and a 401(k) or similar employersponsored retirement plan. Since you may not have any experience with a 401(k), you may have several questions: How much should I contribute? What sorts of investments should I choose? When should I change my investment selections? A financial professional can help you review your plan and explain the aspects that may affect your investment choices.

Marriage – When you get married, you and your spouse may decide to merge your finances, including your investments. But if each of you brings similar investments to the table, you might create some redundancies. A financial professional can look at your respective portfolios and recommend ways to diversify. Generally, the more diversified you are, the greater your protection against market downturns that primarily hit one type of asset class. (However, while diversification can help reduce the impact of market volatility, it can't guarantee profits or protect against

Children - Once you have children,

you'll have new responsibilities - and you'll have some new financial issues that should be addressed. If something happened to you, could your children still have the same lifestyle and educational opportunities? Would they even be able to stay in the same home? To help ensure your children's security, you may need to add more life and disability

While life insurance could help pay for your children's education, you also should prepare for education costs as if you will be around. So you may want to consider an education savings investment such as a 529 plan. A financial professional can help you with your insurance and

education-funding needs.

Retirement – Once you retire, you will face a variety of financial decisions, but here's one of the most important ones: How much money should you withdraw each year from your retirement accounts? To choose an annual withdrawal rate that's appropriate for your needs, you should consider several factors: how much you have in your retirement accounts, how much Social Security you'll receive, what other sources of income (such as part-time work or consulting) you might have, your age at retirement, your spouse's projected retirement assets, your retirement lifestyle, and so on. It might not be easy for you to consider all these elements and then arrive at a suitable withdrawal rate, but a financial professional has the experience, training and technology to help determine a figure that could work for you.

These aren't all the life events that may lead you to contact a financial professional, but they should give you a pretty good idea of the type of assistance you could expect over time. So, consider reaching out for the help you need, when you need it. Doing so could help make your life easier as you move toward your financial goals.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@ edwardjones.com.☆

**Superior Interiors** 

# Do-It-Yourself Designing



by Marcia Feeney

Te live in an age where doit-yourself is all the rage, from designing your own business card, to creating your own web page. When it comes to a doit-yourself design

project, consider the following before you decide:

Are you confident the project will turn out right the first time?

Is the risk low for making a mistake? The higher the risk, the greater the possibility you may want to hire a professional.

Have you used the skills to do this project before, and had great success or minimal success?

Do you have enough time to complete the project? (add 30 percent more time if you have never done it before)

How valuable is your time? Do you own the tools to do the project?

Do you like to fix mistakes/ problems?

What kind of results are you expecting? If it is a first-time project, you may have to lower your expectations.

Based on your answers to the questions, consider whether hiring an expert makes sense or whether you want to do it yourself. Your answers to these questions could change depending on the complexity of each project.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@ coindecden.com.☆



# **Bank Hires** Vice President

my McQuagge has joined Sanibel Captiva Community Bank as the new vice president and director of marketing. She is responsible for providing direction, guidance and leadership in the bank's marketing

"We are excited to have someone of her caliber on board," said Lee Golden, Sanibel Captiva Community Bank senior vice president and director of retail operations. "Amy will be a tremendous asset to the bank as we continue expanding our operations and brand in Lee County.

Most recently, McQuagge was the senior marketing and event manager for the Lee County Economic Development Office, spearheading all department marketing efforts and events, promoting department services for local expanding businesses and entrepreneurs and

attracting new business to the area.
From 2008 to 2015, she co-owned a full-service fundraising company specializing in exercise-based fundraising events, which raised nearly \$1 million to benefit public and private schools in Lee and Collier counties. Prior to that, she

Cape Honorees

Florida will be recognized at the

Pine Country Club on Wednesday, November 14 from 6 to 8 p.m. The Cape Coral Community Foundation will

celebrate 10 friends of the foundation.

time, talent and treasure to improving

Lee County through various community

endeavors and have made an immense

the foundation. Tickets are \$50.

Mosteller Wright & Company, PA

Joe Padgett, LCEC (retired)

Bob Knight, Paul Homes Donna Caruso, DJC Insurance

Rev. Dr. Tim Halverson, Faith

impact on the City of Cape Coral through

The following community influencers

will be recognized at the fundraising event:

Elmer Tabor, Wonderland Realty Karen Mosteller, Markham Norton

Generous Cape Reception at the Palmetto-

These individuals have dedicated their

The efforts of generous, kind and honorable individuals in Southwest

Generous



Amy McQuagge

photo provided

worked at several advertising firms as a media buyer negotiating contracts in top 20 media markets for various national and regional clients. McQuagge is a lifelong Lee County resident and holds a bachelor's degree in communications from Florida Southern College.

For more information, visit www. sancapbank.com.☆

Donna Giannuzzi, Lee Health (retired)

Community Foundation

and donor advisor at Cape Coral

David Erickson, president and CEO of ECHO, a North Fort Myers-based organization dedicated to fighting world hunger through innovative options and address. Funds raised at the event will benefit the Cape Coral Community Foundation's Nonprofit Education Fund, a program that gives local nonprofit organization's staff, board of directors and volunteers the opportunity to receive

benefit the community.

The Palmetto-Pine Country Club is located at 1940 SW 9th Court in Cape Coral. For more information on www.capecoralcf.org/events.☆

Steve Pohlman, City of Cape Coral Parks & Recreation (retired)

David Gomer, Retired banking executive and donor advisor at Cape Coral

Ivan Gorr, Retired business executive Community Foundation

agricultural training, will deliver a keynote educational training and resources that will help them learn how to raise even more to

sponsorship opportunities and tickets, visit

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# Lighthouse Of SWFL Appoints New CEO

otty St. Amand has been appointed chief executive officer of Lighthouse of SWFL, a nationally accredited United Way partner agency that provides vision rehabilitation and support services to individuals experiencing major vision loss and blindness.

"We're incredibly pleased that Dotty has taken on this leadership role," said Brian Sykes, president of the board of directors. "Her comprehensive knowledge and 30-plus years of experience in the fields of aging and human services will provide leadership, strategic vision and expanded programs for the Lighthouse of SWFL and

the clients we serve."

Prior to joining Lighthouse of SW
Florida, St. Amand was the executive director of Arden Courts Memory Care Community for over six years and previously served as the executive director of the Alvin A. Dubin Alzheimer's Resource Center for 15 years.

"I am honored to be selected to lead the Lighthouse of SWFL and look forward to working with the board and staff to meet the needs of our community and provide innovative programs for visual impairment," said Dotty St. Amand, CEO.

St. Amand aspires to collaborate with partners in the non-profit and corporate networks to advocate for human services. She was instrumental in establishing Lee Elder Abuse Prevention Partnership (LEAPP) elder justice coalition in Lee



Dotty St. Amand

photo provide

County Florida in 2010 to bring together a diverse group of professionals and community leaders to work collaboratively on initiatives to honor and protect older

The mission of the Lighthouse of SWFL is to enable people of all ages living with a visual impairment or blindness to remain independent, active and productive in our society. Lighthouse of SWFL is partially funded by the Division of Blind Services, Lee County, United Way and other private donors.

For more information, visit www. lighthouseswfl.org, email aturner@ lighthouseswfl.org or call 997-7797.



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# Red Sox Only Team To Win Four World Series In Present Century

Tow! What a season for the Boston Red Sox, and what a postseason run to their fourth World Series championship  $\mathbf{V}$  in the last 15 seasons.

Some already claim that this Red Sox team is one of the very best in baseball history. And it's hard to dispute that claim.

Here's a team that set a franchise record of 108 wins in the regular season and won 11 more in their relatively easy pursuit of the world title. They were a scorching 11-3 in their post-season race to the World Series title.

No question it was the greatest Red Sox team in their storied history.

They are the only team in the present century to win four World Series (2004, 2007, 2013 and 2018), topping the San Francisco Giants with three and the New York Yankees with two.

The wild celebration that started Sunday night in Dodgers Stadium when Boston finished off the Dodgers 5-1 in a four-games-to-one series victory continued this past

week in Boston when the team brought the World Series trophy home.

And we should expect a big celebration here in February when the Red Sox return for Spring Training with the World Series trophy in hand.

History shows it is difficult to win back-to-back World Series, the Yankees being the last team to do so when they won three in a row, 1998, 1999 and 2000.

But this Red Sox team is still relatively young sprinkled with seasoned veterans. They were preseason favorites to win it all this year, and the Las Vegas odds-makers were right.

No doubt they will be favorites again in 2019.

Many should be given credit for this great season, chief among them Dave Dombrowski who was hired three years ago as president of baseball operations. Although the Red Sox won the American League Eastern Division titles in 2016 and 2017, they were eliminated in the first round of the playoffs both years.

The shrewd Dombrowski fired manager John Farrell and reached into the Houston Astros organization to hire Alex Cora. As bench coach for Houston, Cora had no managerial experience on his resume.

# Red Sox To Award Scholarship Funds

The Boston Red Sox Foundation will once again be awarding \$5,000 scholarships in the spring of 2019 to one deserving student from each of the 13 public high schools in Lee County. The scholarship is for academically talented students who have shown a commitment to community service and are pursuing a two- or four-year degree at any college or university. Applications are now open and available.

Interested local high school seniors need to contact their school guidance counselors, visit www.redsoxfoundation. org/fenway-south/flscholarship or call 617-226-6004. Applications must be

emailed no later than Monday, December 31 to flscholarship@redsox.com.

Scholarship funds are raised annually from proceeds of the Red Sox annual Swings for the Sox Golf Tournament. In the past six years, the Red Sox Foundation has raised more than \$260,000 for local nonprofits and scholarships.

"Unfortunately we had to cancel last year's tournament due to Hurricane Irma, but the Red Sox Foundation is still committed to providing the funds for these scholarships," said Brennan Whitley, manager of Florida business operations for the Boston Red Sox. "We are looking forward to our upcoming 7th annual Swings for the Sox golf tournament on November 9 in order to raise more money for these scholarships."

For more information about the Red Sox Foundation, visit www. redsoxfoundation.org.☆

And now the rookie manager has won it all in his first try and should be a favorite to be named Manager of the Year.

The Red Sox Nation will long remember 2018. The huge Red Sox following here in Southwest Florida won't forget it either.

Twins Hire Youngest Manager In Major Leagues

For the first time in more than three decades, the Minnesota Twins went outside their organization to hire 37-year-old Rocco Baldelli, becoming the youngest manager in the

He comes to the Twins after eight years in the Tampa Bay Rays organization where he served as field coordinator this past season. He previously was first-base coach for the Rays and worked in the team's front office for four years.

The hiring of an "outsider" by the Twins comes as no surprise as two years ago Twins' ownership dumped long-time general manager Terry Ryan and brought in Derek Falvey as chief baseball officer and Thad Levine as general manager.

Both were outside the Twins family, and it has been reported they wanted their own man as team skipper. Balldelli replaces Hall of Famer Paul Molotor who managed the team for four seasons to a 305-343 (.471) record including one postseason appearance.

Balldelli fits the Twins road map to hire a manager who is analytically inclined yet understands the old-time belief in scouting. He is expected to hire his own coaching staff and play an important role in front office decisions on free agency signings.

Don't feel sorry for Molitor, however, as he is owed about \$3.5 million by the Twins over the next two years.☆

# Bridge Closed For Veterans' Day 5K

he Midpoint Madness Veterans' Day 5K Run/Walk will close the Midpoint Bridge from 6 to 9 p.m. on Saturday, November 10.

Motorists are encouraged to use the Cape Coral Bridge or the U.S. 41 and Business 41 bridges as alternate routes. Lee County Department of Transportation have placed message boards to alert motorists of the closure.

For information about the annual nighttime Veterans' Day event, contact the Fort Myers YMCA at www.swflymca. org or the Fort Myers Track Club at www.ftmyerstrackclub.com. Pre- and post-race activities will be held at Royal Palm Square at the base of the Midpoint Bridge in Fort Myers.

For more information about the Lee County Department of Transportation, visit www.leegov.com/dot or email traffic concerns to leetraffictoc@leegov.com. For questions regarding the bridge closure, call 533-9400.☆

#### **SPORTS QUIZ**

- 1. Entering 2018, when was the last time a pitcher started 36 or more games in a major-league season?
- 2. Which major-league team did Lou Piniella manage first, and which one did he manage the longest?
- 3. When was the last time before 2017 that the University of Miami, Fla., won a bowl game by more than one point?
- 4. In the 2016-17 NBA season, Elfrid Payton became the fifth player in Orlando Magic history to have at least 1,000 points and 500 assists in a season. Name two of the other four to do it.
- 5. Who were the last players before Pittsburgh's Jake Guentzel in 2018 to reach 20 points in 10 or fewer NHL playoff games?
- 6. Name the last time before 2018 that Russia's men's soccer team advanced to the knockout stage of the World Cup. 7. When was the last time before 2018 that the U.S. won wrestling's World Cup?

#### **ANSWERS**

1988. 6. It was 1986, when the team represented the Soviet Union. 7. It was 2003. I. In 2003, Atlanta's Greg Maddux and Toronto's Roy Halladay each started 36 games. 2. The New York Yankees (1986); the Seattle Mariners (1993-2002). 3. It was 2004 (the Hurricanes beat Florida, 27-10, in the Peach Bowl). 4. Penny Hardaway (three times), Scott Skiles (three), Darrell Armstrong (twice) and Steve Francis (once). 5. Mark Messier and Wayne Gretzky, in 1987 by Lynes 1986, when the team represented the Soviet Union 7. It was 2003.

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# Student Involved In Award-Winning College Firm

ort Myers native Olivia Stover is among the students involved in the University of Alabama's Capstone Agency, which was awarded Best Campaign, Best Tactic and Best Student-Run Firm in the 2018 Public Relations Student Society of America Student-Run Firm Awards.

Given annually at the PRSSA National Conference, these awards celebrate outstanding campaigns and tactics used by PRSSA's nationally affiliated, student-run firms across the country. Capstone Agency won Best Tactic and Best Campaign in 2017 and was named Best Student-Run Firm in 2016. The Best Student-Run Firm award cannot be won by the same agency two years in a row.

"The awards Capstone Agency received speak not only to our members' dedication, hard work ethic and talent, but also to the quality of the C&IS student experience," said Maret Montanari, firm director, Capstone Agency. "The college, as a whole, provides opportunities, like Capstone Agency, for students to gain hands-on professional experience before graduation. We are fortunate to have these development opportunities to set

our members up for success beyond The University of Alabama."

Capstone Agency's submission for Best Campaign featured work completed for Alabama Power, titled What Powers UA. The winning submission for Best Tactic came from the firm's Valentine's Day promotion for UA's club hockey team.

Also recognized at the PRSSA National Conference, UA's PRSSA chapter received the Star Chapter award and won the Best PRSA/PRSSA Relationship Award. The Star Chapter Award encourages chapter leadership to provide programming and relationshipbuilding opportunities for students and rewards them for achieving these goals. The PRSSA faculty adviser, Tracy Sims, was also recognized for her commitment and guidance to the

'Ît was such an honor to have Capstone Agency and PRSSA receive awards at the PRSSA National Conference," said Anna Claire Toxley, vice president, UA PRSSA. "It is because of the continued support of the college of communication and information sciences that both organizations are able to develop strong leaders and produce quality work that earns national recognition.

Capstone Agency is a nationally affiliated, student-run, integrated communications firm comprised of communication students at UA.☼



Hodges University just installed designated parking for its veteran students on both the For Myers and Naples campuses. Hodges veteran students were on hand to celebrate.

# Hodges University Parking Spots For Veteran Students

odges University is committed to serving veteran students with dedicated Dr. Peter Thomas Veteran Services Centers on both the Naples and Fort Myers campuses.

Today, Hodges University unveiled reserved parking spaces on both campuses for veteran students. Veteran students will receive a special decal to be placed on their vehicle, which allows the students to park in these designated spaces. There are three on each campus located conveniently close to the front entrance of the building.

"These parking spaces are another way for us to thank our veteran students for their service to this country," said Dr. John Meyer, president, Hodges University.

For more information about Hodges University is available at www.Hodges.

Read us online at IslandSunNews.com



# Pumptober-Fest Raises Funds For Education



Amber Skulina and Ryan Skulina photos courtesy 3 Roses Media

Bell Tower Shops' inaugural Pumptober-Fest craft beer festival offered attendees an opportunity to enjoy unlimited tastings of ales, lagers, pilsners and stouts provided by 24



Megan Ruiz and Rose Stone

The October 13 event began with the tapping of a giant, beer-filled pumpkin and highlighted Florida-based brewers, including six breweries based in Southwest Florida. Entertainment was provided by a DJ, stilt walker and balloon artist. Pumptober-Fest also featured a



From left, Brad Milici, Erika Macy, Cassady Lozzi and EJ Lozzi

selection of carnival-style games. Bistro 41, Grimaldi's Coal Brick-Oven Pizzeria and World of Beer were among a selection of Bell Tower Shops'

restaurants that provided complimentary food samples at the event.

Pumptober-Fest benefited the Greater Fort Myers Chamber of Commerce Foundation, and proceeds will help fund college scholarships, grants for teachers, entrepreneurial education, internships and mentoring initiatives.



From left, Maylis Broderick, Ambra Maymon, Tyree Hunter, Rian Barnett and Garrett Gatlin





Chalaire Miller and Bob Hulseman



From left, Tami Welch, Caitlin Seccombe and Clair Gumpert



Leo Sorice and Andrea Schmidt



Megan Simon and Jessi Lachut



Dave Cata

photo provided

# Health Executive Gains Award

ave Cato, Lee Health's chief administrative officer of outpatient services, has received the 2018 Golisano Health Leadership Award from Special Olympics Florida. Established in 2016, the award honors individuals and organizations that have shown dedication toward improving the health of people with intellectual disabilities and advancing the health work of Special Olympics.

"The Golisano Health Leadership Award is the highest honor for health partners and individuals that Special Olympics recognizes. The award was created to celebrate local health champions and their extraordinary efforts toward promoting equal access to healthcare, wellness and fitness for people with intellectual disabilities," said Berit Amlie, chief administrative officer of Special Olympics Florida. "David Cato exemplifies the mission and vision of this award.

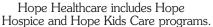
He has made a significant impact in the recruitment of hundreds of healthcare professionals, volunteers and students throughout the state of Florida.

Cato began volunteering for the Special Olympics when he was in college and has served as the clinical director for Special Olympics Florida for the past six years. In this volunteer role, he oversees the Fun Fitness program and provides physical therapy screenings for athletes participating in local, regional and state Special Olympics events. While serving as clinical director, Cato has recruited countless health care professionals, physical therapists, students and family members to join him in volunteering at Special Olympics events.

"I am humbled to receive this distinguished honor. Like all Special Olympic volunteers, I have learned so much from the hundreds of athletes I have had the pleasure of meeting over the years. They truly embody the Special Olympics mission and provide all of us with the example and path to fulfill our lives," said Cato. "Thank you to Special Olympics Florida for coming to meet with us at Golisano Children's Hospital and working with us to expand programs to care for Special Olympics athletes. I am truly honored, and I look forward to volunteering with my family for many years to come."

The award is named in honor of Tom Golisano, who has donated more than \$37 million to Special Olympics health programs to increase access to health, fitness and wellness programs for people with intellectual disabilities. Up to seven Golisano Health Leadership honorees will be selected to receive the global award presented at the 2019 Special Olympics World Games in Abu Dhabi.

For more information on volunteering with Special Olympics Florida, visit www. specialolympicsflorida.org/get-involved/become-a-volunteer.



Hope Healthcare's HealthPark office is located at 9470 HealthPark Circle in Fort Myers. For more information, call 482-4673 or visit www.hopehcs.org.

# Free Autism Screening

olisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, will offer a free monthly autism spectrum disorder screening for toddlers 18 months to age 5 on Friday, November 9 from 9:30 a.m. to 2 p.m. The screening will be held on the Ronald McDonald Care Mobile at McDonald's at 12290 South Cleveland Avenue in Fort Myers.

The ASD screening is conducted by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an advanced registered nurse practitioner, who has extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. To schedule a screening, call 343-6838.



Iulia Piatt

# Living With Vitality And Vibrant Health

s part of the National Speakers' Series, Lee Health will present Julie Piatt, aka SriMati, a wellness warrior who is an author, podcast host, plant-based chef, motivational speaker, yoga teacher and singer.

SriMati not only speaks to inspire, but to educate and uplift. She catalyzes self-actualization and sustainable life transformation around the topics of food, creativity, relationships, family guidance, photo provided

spirituality and life transformation.

Through embracing a plant-based diet and simultaneously embarking on a deep meditation practice, SriMati healed herself of a large cyst in her neck, which doctors diagnosed as an incurable ailment. This experience gave her an intimate connection to food, and proved to her the miraculous ability of the body to heal itself when supported with pure whole foods and a connection to the soul.

The free talk is open to the public and will be held at Fort Myers High School on Tuesday, November 6 at 6 p.m. Register at www.leehealth.org/classes.

Fort Myers High School is located at 2635 Cortez Boulevard in Fort Myers. For more information, call 424-3234.



Registered nurses have an opportunity to attend an Open House Hiring Event for full- and part-time positions at Hope Healthcare's HealthPark office on Saturday, November 3 from 9 a.m. to noon.

Applicants are asked to call 322-5320 to reserve an interview time and to visit www.hopehcs.org/careers to complete an online application before their interview. No resume is required if the online application is submitted. Walk-ins may be scheduled for interviews on a future date.

In addition to competitive salaries, Hope provides a comprehensive benefits package including educational assistance, generous paid time off and a choice of three medical plans.

Hope Healthcare is an equal opportunity/affirmative action employer. All qualified applicants will receive consideration for employment without regard to race, religion, color, national origin, sex, age, status as a protected veteran, among other things, or status as a qualified individual with disability. Should you need assistance or an accommodation in using the on-line application system, call 322-5320.



# Can You Eat Dark Chocolate With A Milk Allergy?



by Suzy Cohen, RPh

ear Readers:
Dark
chocolate
is a staple in my
house. What are you
supposed to do if
you're allergic to milk,
and want to eat dark
chocolate?

It's a good question. Milk is

actually allowed as an ingredient in "dark" chocolate, but sometimes it produces a harmful allergy in dairy-sensitive individuals. The reality is that most chocolates contain some milk, and it's undisclosed.

The FDA actually tested 100 different brands of dark chocolate bars, and they specifically tested it for the presence of milk. Of these 100 bars, only six of them listed the ingredient of milk. The other 88 bars did not disclose milk as an ingredient, yet 51 of them contained milk. Dairytainted chocolates are among the most frequently reported allergic reactions.

It's unfortunate, but true that milk can get into a dark chocolate product even when it's not directly added. The problem happens because the dark chocolate is often produced on the same equipment that makes their milk chocolate bars. And traces of milk often inadvertently wind up in the dark chocolate batter. It's essentially a problem of cross-contamination. My best suggestion to you is to completely avoid dark chocolate (if you're allergic to milk or dairy) unless the brand you're buying

is made on equipment dedicated to dark chocolate bars only. This is hard to find, but possible.

This is why it's difficult to place your trust in the food industry. They don't mean to make people sick, but their laziness or sloppiness can lead to pain and suffering for some of you. As a result, you see warnings on the label that serve as a wink of sorts. This product "may contain dairy" or "may contain traces of milk" or this one, "manufactured in a facility that uses milk." There are others but if you're my best friend, I would tell you to replace the word "may" with "probably."

The take-home message is you should not assume that your dark chocolate is free of milk, and you should not consume it if you have serious allergic reactions to milk, regardless of the label. I have a checklist of 14 alias names for milk-derived ingredients which may be hidden in your food. My list will help you find undisclosed milk in your candy bars and chocolates. If you'd like to receive that as well as the longer version of today's article, sign up for my newsletter at www.suzycohen.com, and I will email this to you next week.

I'll also tell you why some chocolate bars aren't good for vegans. Here's a fun fact, white chocolate doesn't contain any cacao whatsoever, it's just a combination of cocoa butter, sugar, and milk, but no cocoa solids like dark and milk chocolate have. It's definitely something to avoid if you're dairy-intolerant or allergic to milk. In closing, when it comes to dark chocolate, the dairy free claims and statements on the label are best completely disregarded if the manufacturer fails to use dedicated machinery and equipment due to cross-contamination.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.

# Childhood Center Earns Five-Star Rating

The Early Childhood Center (ECC) has been recognized as a five-star center, according to the Early Learning Coalition of Southwest Florida's Quality Rating Improvement System (QRIS). This is the first time The Early Childhood Center has received the highest rating possible

"It is exciting to be recognized by the coalition after a rigorous review of the program," said ECC Principal Jeanne LaFountain. "We are grateful to the Early Childhood Center staff, under the guidance of Kim Gerbasio, for their commitment to offering high quality early care and education services to the children enrolled in the program. Preparing children for future school success is our goal."

ECC has participated in the Early Learning Coalition of Southwest Florida stars program since the 2014-15 school year. This Quality Rating Improvement System (QRIS) is used to improve and communicate the level of quality in early childhood programs through observations and assessments in the following areas:

Learning Environments and Classroom Interactions

Screening, Assessment and Curriculum Professional Development and Staff Qualifications

In addition, bonus points are given for appropriate group size, smaller ratios, and program accreditation. The rating for the QRIS is measured by a one to five star rating with five being the highest.

The Early Learning Coalition of Southwest Florida website only lists nine other pre-schools that have earned five stars. According to the ELC, child care providers who participate in the program:

Provide safe and welcoming environments

Understand that learning begins at birth Offer a variety of appropriate activities through which children learn and grow

Engage children in fun, "hands-on" learning experiences

Involve parents and families as their child's first teacher

Are dedicated to offering the best in quality child care

Are involved in the on-going evaluation of their program

Are committed to program improvement

# Primary Care Hires Nurse Practitioner

herry Nagle has joined Physicians' Primary Care of Southwest Florida as an advanced registered nurse practitioner.

Nagle is a graduate of Florida Gulf Coast University, where she received her bachelor of science degree in nursing. She earned her master of science degree in nursing from the University of Cincinnati.

Nagle has 15 years of experience as a nurse in hospitals, primary care practices and cardiothoracic surgery practices in Naples and Fort Myers. She also has worked as a clinical instructor at Southwest Florida College in Fort Myers.

Nagle is certified as an advanced registered nurse practitioner, advanced cardiac life support and basic life support. She also is a member of the Florida Nurses Association. She will



Sherry Nagle

photo provided

assist family practice physicians at the Fort Myers Family Practice office at 7381 College Parkway.

#### **Doctor and Dietician**

# Flourless Pumpkin Brownies





by Ross Hauser, MD and Marion Hauser, MS, RD

This recipe is made with no boxed mixes, no butter, flour, grains or dairy – yet, is extremely tasty. Feel free to tweak the recipe to your specific tastes. It is dairy- and gluten-free, vegan, paleo and very low in sugar. Give it a try for a healthier dessert.

What you need: 1 cup pumpkin puree

 $\frac{1}{2}$  cup almond butter (or your favorite nut butter)

2/3 cup unsweetened cocoa powder ½ cup coconut sugar

1 teaspoon pure vanilla extract Pinch of kosher sea salt

Optional: 1/4 cup coconut shreds or cocoa nibs or a splash of espresso.
Frosting of your choice (optional)
What to do:

1. Preheat oven to 350 degrees. Coat a 9"x5" loaf pan with oil or parchment paper.

2. Combine all ingredients together in a large bowl and mix well. Mix until fully immersed and a thick batter is formed

3. Transfer the brownie batter to pan and bake for 12 to 15 minutes. Allow brownies to cool before frosting or slicing

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.

# Mental Health Program

The League of Women Voters will hold an educational program on Mental Health: A Community Perspective at The Lodge at Heritage Palms Golf and Country Club on Saturday, November 3 from 9 to 11 a.m.

A panel will focus on mental health from psychological, first responder, clinical and personal perspectives. The public is invited. There is no charge for admission. The panel will include Julia Corbett LCSW, CEAP of SalusCare/Synergy EAP Solutions; Officer Yvetta Dominique of the Fort Myers Police Department since 2008; Alyssa Bostwick MBA, MSN, RN, CPN of Golisano Children's Hospital of Southwest Florida.

For reservations, call 278-1032 or email reservations@lwvlee.org.

The Lodge at Heritage Palms Golf and Country Club is located at 11070 Seminole Palm Way in Fort Myers. For more information, contact the League of Women Voters of Lee County at 278-1032.

# PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services
Brody And Ditto



Brody ID# A752398

ello, my name is Brody. I am a 2-year-old male pit bull mix who is a young and funloving boy that loves to chase bubbles in the play yard. My best bud at the shelter is Martin, and we can play for hours with them and chase tennis balls or each other. I am quite affectionate, and I get along well with other dogs. My ideal home would have a canine friend for me to hang out with.

My adoption fee is \$30. Hi, I'm Ditto. I'm a 13-year-old domestic



Ditto ID# A754462

shorthair who has no idea that I am a super senior. I do not act my age and look much younger than my 13 years. I am super affectionate and will be your constant and loyal companion. It is obvious I have spent my life in a loving home that I misses. Will you provide my new one??

My adoption fee is \$10 adopt, and you can get a second cat for free with BOGO promotion.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.

#### Haven on Earth Animal League

# Siamese And Dylan

It's I'm a beautiful 12-year-old male Siamese cat named Siamese. I am a very sweet kitty and am in need of a new home as my human can no longer keep me. I am looking for a quiet home with someone who wants to give me lots of



Siamese

affection. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$75.

Hello, I'm Dylan. Aren't I just adorable? I'm only 8 months old, so I'm quite the playful kitten. I

like other cats and hope I can find a home with another young kitty to play with. I'm neutered and up to date on all vaccines. My adoption fee is \$100. To find out more about me, call Diane at 860-833-4472 or email Haven on Earth Animal League at www.havenon earthanimalleague@ yahoo.com.



Dylan

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.

#### **PAWS Of Sanibel**

# Sonny And Cher

This is Sonny and Cher. Some of you may remember them. Three years ago, four kitties, the momma and three kittens were trapped between the Sunset Beach Resort and Lantana condominium on

West Gulf Drive. All



Sonny

were adopted (Lana, Tanner, Sonny and Cher) to lovely people. However, Sonny and Cher's mom

has reached a time in her life when she feels she must move in with family over on Pine Island. Unfortunately, in addition to her granddaughter being allergic, her son operates a business out of his home that is directly on Pine Island Road and the doors are always opening and closing,



Cher

so it's not safe for kitties. These are very special kitties, and need to be together forever. Call Pam at 472-4823 if you can give these sweethearts a new home.



FROM THE BEACHES TO DOWNTOWN FORT MYERS	
Emergency91	1
Lee County Sheriff's Office	0
Florida Marine Patrol         332-696           Florida Highway Patrol         278-710	
Poison Control	1
HealthPark Medical Center1-800-936-532	1
Ft. Myers Chamber of Commerce	4
Foundation for Quality Childcare	ე ე
Fort Myers Beach Library	1
Lakes Regional Library	0
Lee County Chamber of Commerce.       931-093         Post Office.       1-800-275-877	1
Visitor & Convention Bureau	
ARTS	
Alliance for the Arts	7
Arts For ACT Gallery & Studio	0
Barbara B. Mann Performing Arts Hall	9
BIG ARTS	0
Broadway Palm Dinner Theatre	2
Cultural Park Theatre. 772-586 Edison Festival of Light 334-299	9
Florida Repertory Theatre at the Arcade	8
Florida West Arts	7
Fort Myers Symphonic Mastersingers	5
Gulf Coast Symphony	U Q
Naples Philharmonic	1
The Schoolhouse Theater	2
SW Florida Symphony	
Theatre Conspiracy	
CLUBS & ORGANIZATIONS	
American Legion Post #38	3
Angel Flight	
Animal Refuge Center	5 5
Audubon of SWFL	6
Audubon Society	
Caloosahatchee Chapter DAR	
Cape Chorale Barbershop Chorus	1
Cape Coral Stamp Club	3
duPont Company Retirees	
Edison Porcelain Artists	4 0
FM UDC Chapter 2614 - United Daughters of the Confederacy 728-374	3
Friendship Force Of SW FL	4
Garden Club of Cape Coral	
Horticultural Society	0
Lee County Genealogical Society	5
Lee Trust for Historic Preservation	
NARFE(National Active & Retired Federal Employees	
Paradise Iowa Club of SWFL	
Sons of Confederate Veterans	8
Southwest Florida Fencing Academy	8
Southwest Florida Music Association	N D
Kiwanis Fort Myers Edison	6
Kiwanis Fort Myers South	5
Iona-McGregor482-086Lions Club Fort Myers Beach463-973	
Lions Club Fort Myers High Noon	
Lions Club Estero/South Fort Myers	1
Notre Dame Club of Lee County	7
Organ Transplant Recipients of SW Florida	3
Rotary Club of Fort Myers	8
Sanibel-Captiva Orchid Society	0
United Way of Lee County	0
United Way 211 Helpline (24 hour)	U
Bailey-Matthews National Shell Museum	3
Burrough's Home	
Calusa Nature Center & Planetarium	
Edison & Ford Winter Estates	
Imaginarium Hands-On Museum & Aquarium	0
JN "Ding" Darling National Wildlife Refuge	0
Koreshan State Historic Site	4
Ostego Bay Foundation Marine Science Center	0
Ostego Bay Foundation Marine Science Center	0 1 0
Ostego Bay Foundation Marine Science Center	0 1 0 4
Ostego Bay Foundation Marine Science Center	0 1 0 4 0
Ostego Bay Foundation Marine Science Center765-810Skatium.321-751Southwest Florida Historical Society939-404Southwest Florida Museum of History321-743	0 1 0 4 0 5

# **PUZZLES**

# Super Crossword Conversion riefly 101 West ender? 5 Tool for 47 DeLuise of 87 Covered up



# \_\_\_\_ **King** Crossword

15

18

23 24 25

38 39 40

48

#### **ACROSS**

- 1 Sheepish
- remark 4 Temperate
- 8 Pull an allnighter
- 12 Abrade13 Garfield's pal14 Apiary struc-
- ture 15 Galena or cinnabar
- 16 Cribs 17 Tarzan's clique
- 18 Dismissal 21 Chicken-king

link

- 22 Donkey23 Recurring sequence of
- events 26 Try the tea 27 Time of your
- life?
  30 Libertine
- 31 It holds the mayo
- 32 Just one of those things
- 33 "Uh-huh"
- 34 Cover 35 — apso
- 36 Collection
- 37 The Red or the Black
- 38 Subjects of
- discussion 45 Birthright barterer
- 46 Tiger Woods' ex

49 52

9 Mature

11 Disarray

bage

23 Weep

24 Thee

19 Hardy cab-

20 Venomous

10 State

- 47 Curved path 7 Woe 48 Autograph 8 Cowboy 49 Bigfoot's wear
- cousin 50 By way of
- 51 To-do list entry
- 52 Kernel 53 Way off

#### DOWN

- 1 Forehead2 Atmosphere
- 3 First victim
- 4 Alabama city 5 Menzel of Broadway
- 6 TV journalist
- 25 Coffee container
- 26 Blue 27 "Eureka!"
- 27 "Eureka! 28 Petrol 29 Greek H
  - 29 Greek H 31 Small buses

- 50 53 32 Siamese,
- today 34 Mainlander's memento

43

- 35 Nikita's successor
- cessor 36 Polecat
- 37 Malice
- 38 Criterion 39 Largest of the
- seven
- 40 Trails the pack
- 41 Merriment42 Almost black
- 43 Small combo
- 43 Small combo
- l4 Read bar codes

# MAGIC MAZE SHOPPING FOR A COWBOY

RCZWTQNJGDAXURO LJGDAXVSPNEKI CAL(B)EXVSQTLOL  $\mathbf{C}$ H E ARXVATDRPN F OHELFNDDB J TRTAT R PR P O KMNDKS Ι S DGC E D В Е SEVLTRNHI TAHYOBWOCUAR UTRQONLESROHJP

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

IGFDCAYXWVBTSS

Bandana Bridle
Bedroll Chaps
Blanket Cowboy hat
Boots Holster

Horse Levi's Rifle Saddle Spurs Tin plate Vest

Bot Schwetch	SCRAMBLERS Unscramble the CAPITAL letters below to form four ordinary words. Then rearrange the boxed letters to form the mystery word to complete the gag!  Heave CUHRL Lean VESTLE Souvenir MOMTEEN Joy DIPER
"I'm finally getting my freedom —	TODAY'S WORD
my is final."	
answer on page 31	

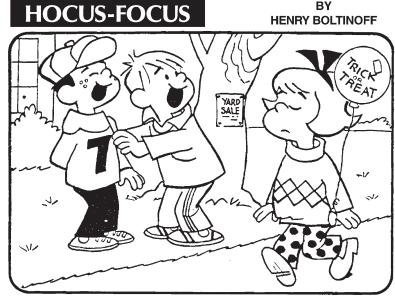
1		6			4	5		
	3			7			1	
		9	2					8
3				2		4		6
	8	4	1				2	
		5		6	3	7		
7	5		6			9		
8			5		9			7
		1		4			5	3

# **SUDOKU**

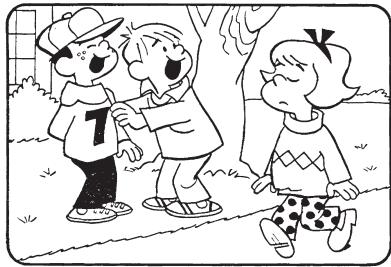
#### To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Cap is different. 2. Stripe is missing. 3. Sign is missing. 4. Bow is smaller. 5. Balloon is missing. 6. Sweater design is different.



#### Wild Turkey Cottage Pie

- 2 cups cooked wild turkey meat, diced or shredded
- $1\frac{1}{2}$  cups green beans, cooked until tender crisp  $1\frac{1}{2}$  cups sweet corn, cooked and cut off the cob
  - 1 cups carrots, cooked
- 1 cup brown gravy (homemade or store
- 2 cups mashed potatoes (homemade or store bought)

Sea salt and fresh ground pepper, to taste Preheat oven to 350 degrees and spray a baking dish with quick release spray. Beginning with the turkey and in a layering fashion, spoon each ingredient over the next, finishing with the mashed potatoes (the order of ingredients is discretionary except for the turkey and mashed potatoes). Bake 30 minutes until the mashed potatoes are golden brown. Serve warm.

Fresh From Florida food fact: Sheppard's Pie traditionally uses lamb meat as the protein. When any other meat is used, it is referred to as Cottage Pie.₩



Wild Turkey Cottage Pie

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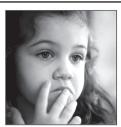
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The New Math: \$1 = \$8

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Thank you for your generosity!

Mail your tax-deductible donation to:
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3760 Fowler Street, Fort Myers, FL 33901
Call (239) 334-7007 or donate online at:
harrychapinfoodbank.org







**FRIDAY** Cloudy High: 83 Low: 73



**SATURDAY** Few Showers High: 82 Low: 72



**SUNDAY** Mostly Sunny High: 78 Low: 68



MONDAY Mostly Cloudy High: 82 Low: 72



**TUESDAY** Cloudy High: 84 Low: 74



WEDNESDAY Mostly Sunny High: 87 Low: 76



**THURSDAY** Sunny High: 83 Low: 73

#### Redfish Pass Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	9:05 am	2:59 am	11:13 pm	4:02 pm
Sat	10:36 am	4:18 am	None	4:50 pm
Sun	10:48 am	4:17 am	10:59 pm	4:29 pm
Mon	11:48 am	5:07 am	11:20 pm	5:01 pm
Tue	12:42 pm	5:51 am	11:42 pm	5:29 pm
Wed	1:32 pm	6:32 am	None	5:53 pm
Thu	12:05 am	7:11 am	2:20 pm	6:15 pm

#### Point Ybel Tides

m
m
m
m
m
m
m
r

#### Punta Rassa Tides

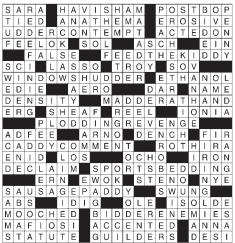
<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	8:44 am	2:58 am	10:05 pm	3:47 pm
Sat	10:16 am	4:11 am	11:02 pm	4:44 pm
Sun	10:42 am	4:17 am	10:48 pm	4:38 pm
Mon	11:42 am	5:14 am	11:24 pm	5:27 pm
Tue	12:27 pm	6:04 am	11:55 pm	6:10 pm
Wed	1:08 pm	6:48 am	None	6:50 pm
Thu	12:23 am	7:30 am	1:50 pm	7:28 pm

#### Cape Coral Bridge Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	12:58 am	6:15 am	11:15 am	7:18 pm
Sat	1:23 am	7:34 am	12:46 pm	8:06 pm
Sun	12:58 pm	7:33 am	None	7:45 pm
Mon	1:09 am	8:23 am	1:46 am	8:17 pm
Tue	1:30 am	9:07 am	2:52 pm	8:45 pm
Wed	1:52 am	9:48 am	3:42 pm	9:09 pm
Thu	2:15 am	10:27 am	4:30 pm	9:31 pm

# **PUZZLE ANSWERS**

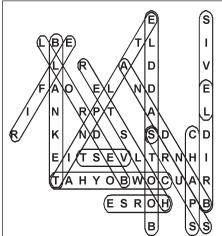
# **SUPER CROSSWORD**



#### KING CROSSWORD



#### **MAGIC MAZE**



#### **SUDOKU**

1	2	6	3	8	4	5	7	9
5	3	8	9	7	6	2	1	4
4	7	9	2	5	1	6	3	8
3	1	7	8	2	5	4	9	6
6	8	4	1	9	7	3	2	5
2	9	5	4	6	3	7	8	1
7	5	3	6	1	8	9	4	2
8	4	2	5	3	9	1	6	7
9	6	1	7	4	2	8	5	3

# My Stars ★★★★

#### FOR WEEK OF NOVEMBER 5, 2018

Aries (March 21 to April 19) You enjoy the attention early in the week, but it might be a good idea to opt for some privacy by week's end so that you can have more time to consider an upcoming decision. **Taurus** (April 20 to May 20) You

unearth some surprising facts. Now you need to consider how to use them to your advantage. Meanwhile, it might be best to keep what you've learned secret for now.

**Gemini** (May 21 to June 20) A comment by a colleague piques your curiosity to know more. Best advice: You'll find people more likely to offer information if you're discreet when making your inquiries.

Cancer (June 21 to July 22) Your energy levels begin to rise by midweek. This allows you to catch up with your heavy workload and still have plenty of get-up-andgo to go out on the town this weekend.

Leo (July 23 to August 22) You're probably roaring your head off about a perceived slight from a longtime critic. Ignore it. That person might just be trying to goad you into doing something you might later regret.

Virgo (August 23 to September 22) The early part of the week is open to spontaneity. Then it's time to settle into your usual routine to get all your tasks done. A personal situation could require more attention from you.

Libra (September 23 to October 22) A meeting of the minds on a workplace project might well develop into something more personal for Librans looking for romance. Aspects also are favorable for

platonic relationships.

**Scorpio** (October 23 to November 21) A more-positive mood might be difficult to assume in light of a recent problem involving the health of someone special. But by week's end, your emotional barometer should start to rise.

Sagittarius (November 22 to December 21) Look for a changed attitude from a former adversary once he or she realizes you have your colleagues' full support. Now you can refocus your energies on that workplace project.

Capricorn (December 22 to January 19) This time, a difference of opinion might not be resolved in your favor. But be patient. It could all ultimately work out to your advantage, as new information begins to develop

**Aquarius** (January 20 to February 18) A tug of war develops between the artistic Aquarian's creative aspect and his or her practical side. Best advice: Prioritize your schedule so you can give appropriate time

Pisces (February 19 to March 20) You could be entering a career phase awash with job-related demands. But avoid being swamped by the overflow and, instead, keep treading water as you deal with demands one by one.

Born This Week: You are an exceptionally loyal person, and you're respected for your ability to keep the secrets entrusted to vou.

#### **STRANGE BUT TRUE**

• It was early 20th-century Irish author Robert Wilson Lynd who made the following sage observation: "The belief in the possibility of a short decisive war appears to

be one of the most ancient and dangerous of human illusions.

• If you're concerned about the rising cost of groceries, be grateful that you're not a starfish parent. A young starfish eats 10 times its own weight in food every day.

 The first car to offer seat belts – the Nash Rambler - rolled off the assembly line

• You might be surprised to learn that the British are not the greatest tea drinkers in the world. That honor belongs to the Irish, who consume 1,200 cups per capita

• The final battle of the Napoleonic Wars took place in June 1815 in the United Kingdom of the Netherlands, a site now in present-day Belgium. The Battle of Waterloo, where Napoleon met his final defeat, was delayed because the French emperor - and battle commander - couldn't mount his horse. According to historians, Napoleon was suffering from hemorrhoids and couldn't bear to sit in a saddle.

• Sandpaper can sharpen a dull pair of scissors. Fold a piece of sandpaper in half, rough side out, and make repeated cuts until the blades are sharp again.

• Fried lotus leaves are a popular snack in China.

• You're probably aware that hot air is lighter than cold air, but did you know that hot water is heavier than cold water?

• Those who study such things say that Spain has more wildlife than any other European nation.

#### THOUGHT FOR THE DAY

"The true measure of a man is how he treats someone who can do him absolutely no good." -- Samuel Johnson

#### **TRIVIA TEST**

- **Geography:** Which of the world's oceans has the most islands?
- **General Knowledge:** What does a helixophile collect?
- Compeitions: What are the three events that must be completed in an Iron Man Triathlon competition?
- U.S. Presidents: Which 1928 presidential candidate and New York governor was nicknamed "The Happy Warrior"?
- 5. **History:** Who was the last American astronaut to go into space alone?
- **Music:** What is the easternmost place mentioned in the song This Land Is Your Land?
- **Language:** What is unusual about the word "abstemiously"?
- **Literature:** What kind of creatures were featured in the novel Watership Down?
- U.S. States: Which state on the Pacific Coast was the first to be admitted into the Union?
- 10. **Measurements:** How many sheets of paper are in a quire?

#### TRIVIA ANSWERS

order 8. Rabbits 9. California 10. 25. six vowels (including "y") in alphabetical Cooper 6. New York island 7. It contains cycling and running 4. Al Smith 5. Gordon 1. The Pacific 2. Corkscrews3. Swimming,

# \* \* \* \* \* CLASSIFIED \* CLASSIFIED \* \* \* \* \*

#### REAL ESTATE

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7/13 # TFN

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1/4 **☆**TFN

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Lakeview, screened porch, sun patio,equipped kitchen, W/D, cable/internet.

Available Nov-May.
\$1,650/month. 3 mo. Min.
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salli@sanibelbike.com

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#### SANIBEL ISLAND ANNUAL RENTALS

2/1 on Main Street \$1,800 2/1 on Sandpebble \$1,800 2/2 on Sandpebble \$2,000 3/2 on Periwinkle \$2,200\* \*(w garage & shared pool) Dogs okay. Call or text Bridit @ 239.728.1920

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Canal front home 3 bedrooms, 2 bath pool home in Shell Harbor – close access to the beach and causeway on the East End of Sanibel.

Perfect location – \$3,800 per month.
Call or text Rose at 239-851-5188.

#### ANNUAL RENTAL

#### ANNUAL RENTAL

#### SANIBEL

Waterfront – 3/2+ den, dock, Direct access. \$2,950/mo. Gorgeous, Custom home.

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#### HELP WANTED

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4/13 **☆** TFN

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#### **HELP WANTED**

#### **OFFICE ASSISTANT PT**

20 hrs/wk; set schedule; Bookkeeping exp. required; efficiency & accuracy a must! Email resume to: sandy@sanibelucc.org

#### OFFICE ASSISTANT/ THERAPY TECHNICIAN

wanted for Physical Therapy Clinic on Periwinkle Way. Full-time seasonal and part-time off-season. Must be organized, friendly, reliable and able to multi-task. Experience with reception desk and customer service preferred. Varied job duties including scheduling, reception desk, scanning, filing, data-entry, laundry and cleaning. Please e-mail resume to rachel@islandtherapycenter.com.

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11/2 \* 11/2

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# **Animal Shelter** Fundraising Event

he Cape Coral Animal Shelter (CCAS) will be holding a Rock'N' Rescue fundraising event at the Cape Coral Yacht Club ballroom on Saturday, November 3 from 6 to 10 pm.

The event will be a fundraiser and a kickoff for the community to purchase engraved pavers for placement at the shelter. A message can be added to the pavers commemorating a pet, family member, or to recognize a business. Pavers are available for a special price until November 3. Four-inch by eightinch pavers are discounted from \$150 to \$125 and larger eight-by-eight-inch bricks from \$250 to \$225. CCAS is working with LARC, Inc., a local organization supporting individuals with disabilities, who will be making the engraved pavers.
Cape Coral restaurants Nevermind

Bar and Eatery and Ceno's Grille will be providing dinner, while Metro Diner is donating the dessert. The Riverside Band will be playing throughout the evening. A silent auction will be held the evening of the event and "Rock'N' Rescue" T-shirts will be for sale.

Tickets for the event are \$100 per person or \$700 for a table of eight. One ticket includes dinner and two drinks. There will also be a cash bar. Tickets can be purchased at www. capecoralanimalshelter.com/rock-nrescue.html.☆

#### **SCRAMBLERS**

1. Lurch; 2. Svelte; 3. Memento; 4. Pride Today's Word

**DIVORCE** 



Calendar Girls with members of the Fort Myers Fire Department

photo provided

# Calendar Girls Performances

he Calendar Girls performed at Cops & Joggers in Fort Myers on October 13. The next day, they donned their camo and performed for the veterans at Nam Jam at the Shell Factory in North Fort Myers.

Since 2006, the Calendar Girls have been sponsoring guide dogs for veterans through the Paws for Patriots Program of Southeastern Guide Dogs. Visit www. 

> To advertise, call 395-1213

# HORTOONS



# Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Ibis Cove At Bonita Bay	Bonita Springs	1997	3,942	\$1,999,000	\$1,635,000	54
Sanibel Isles	Sanibel	1963	2,394	\$1,850,000	\$1,600,000	301
Fa Lanes Bayview	Captiva	2006	3,808	\$1,794,000	\$1,698,500	889
Shenandoah	Fort Myers	2003	4,427	\$1,250,000	\$1,115,000	36
Las Lomas	Cape Coral	2013	4,397	\$895,000	\$850,000	47
Not Applicable	Cape Coral	2007	3,189	\$869,800	\$805,000	178
Waterside	Estero	2000	2,964	\$848,000	\$775,000	362
Cape Coral	Cape Coral	1989	2,822	\$799,000	\$745,000	138
Bayland Heights	Fort Myers Beach	1979	1,758	\$797,500	\$795,000	3
Gumbo Limbo	Sanibel	1987	1,857	\$759,500	\$690,000	246

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Pasta for Two \$39 1 Appetizer to Share, 2 Pasta Selections 1 Dessert to Share (limited selection)



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SMALL PLATES ALL \$9



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